

WESTSIDE MENTAL HEALTH NETWORK DIRECTORY

December 2017

"This Directory is dedicated to the memory of Marylee Westbrook. She began the Directory as a way to keep all her phone contacts together. It grew to this valuable resource and she shared it with all of us."

If you contact one of these agencies and find the information is not correct please contact Celinda Jungheim (celindajungheim@gmail.com or 310-306-6766) to let her know.

Please note that the agencies listed in this Directory have been submitted by each agency but are not specifically endorsed by The Westside Mental Health Network. We have no opinion upon the specific services listed.

WESTSIDE MENTAL HEALTH NETWORK
c/o Alcott Center, 1433 S. Robertson Blvd., Los Angeles CA 90035

December 2017

Officers

Chair

Nick Maiorino nmaiorino@alcottcenter.org 310 785-2121
Alcott Center for Mental Health Services Fax 310 553-6052
1433 So Robertson Blvd Los Angeles 90035

Vice Chairs

Alison Hurst Alison@safeplaceforyouth.org 310 753-3776
Safe Place for Youth (S.P.Y.)
2469 Lincoln Blvd., Venice 90291

John David Webster PastorJohn.David@gmail.com 424 218-9879
LAPD Pacific Division and Westchester Playa Neighborhood Council
8726 S. Sepulveda Blvd., Suite D-A182, LA 90045

Secretary

Celinda Jungheim celindajungheim@gmail.com 310 306-6766
Recovery International Fax 310 306-2996
13219-G Fiji Way, Marina del Rey 90292-7072 Cell 310-339-8091

Treasurer (Acting)

Nick Maiorino nmaiorino@alcottcenter.org 310 785-2121
Alcott Center for Mental Health Services Fax 310 553-6052
1433 So Robertson Blvd Los Angeles 90035

Submit any corrections or changes to Network Secretary (Celinda Jungheim) – see contact information above

LAC DMH Service Area Advisory Committee 5 (SAAC 5) Co-Chairs
Karen Macedonio karen@binahunlimited.com Cell 213 445-5875

Penny Mehra pmehra@alcottcenter.org 310 785-2121
Alcott Center for Mental Health Services Fax 310 553-6052
1433 So Robertson Blvd, Los Angeles 90035

ADMINISTRATIVE AND LEGISLATIVE CONTACTS

County/City

Los Angeles County Board of Supervisors
500 West Temple St, Ste #, Los Angeles 90012

Supervisor Hilda Solis 1st District Ste 213 974-4111
Sarkis Semerdjyan, Health Deputy ssemerdjyan@lacbos.org

Supervisor Mark Ridley Thomas 2nd District Ste 866 213 974-2222
Dhakshike Wickrema , Deputy for Mental Health and Homeless Advocacy
DWickrema@bos.lacounty.gov

Supervisor Sheila Kuehl 3rd District Ste 821 213-974-3333
Elan Shultz, Health & Public Health Deputy, eshultz@bos.lacounty.gov
Molly Rysman, Homeless Deputy, MRysman@bos.lacounty.gov

Angelica

Supervisor Janice Hahn 4th District Ste 822 213 974-4444
FourthDistrict@bos.lacounty.gov
Jessica Ho, Health and Agenda Deputy, JHo@bos.lacounty.gov
Kelvin Driscoll, Children and Human Services Deputy,
kdriscoll@bos.lacounty.gov

Supervisor Kathryn Barger 5th District Ste 869 213 974-5555
Newly Elected Supervisor: Kathryn Barger Kathryn@bos.lacounty.gov
Connie Salgado-Sanchez, Health Deputy
Michelle Vega, Family and Children's Deputy

**Los Angeles County Mental Health Commission
550 So Vermont Ave., Los Angeles 90020**

Email: mentalhealthcommission@dmh.lacounty.gov
www.dmh.lacounty.info/mhc/

213 738-4772
Fax: 213 738-2120

Executive Committee

Chair - Vacant

Lawrence J. Lue, Vice Chair

Membership at Large

Susan F. Friedman

Stacy Dalglish

Commission Staff:

Canetana Hurd, MBA

Valerie Maldonado, SPWI

Commission Roster by Board of Supervisor Designation:

| | |
|--|--|
| Hilda Solis, Supervisor | Lawrence Lue Cynthia Sanchez Susan F. Friedman |
| Mark Ridley Thomas, 2 nd District | Harold E. Turner Kita S. Curry, Ph.D. Vacant |
| Sheila Kuehl, 3 rd District | Merilla McCurry Scott, PhD Stacy Dalglish Vacant |
| Janice Hahn, 4 th District | Tiombe Wallace Jeannine Pearce Patrick Ogawa |
| Kathryn Barger, 5 th District | Judy Cooperberg, MS, CPRP Vacant Vacant |

**Los Angeles County-Dept of Mental Health (LAC-DMH)
550 So Vermont Ave Los Angeles 90020**

Jonathan Sherin, MD., PhD.

Robin Kay, PhD Chief Deputy Director

213 738-4601

**Roderick Shaner, MD, Medical Director
4603**

213 738-

Dennis Murata, Deputy Director

213 738-4108

Wendy Code, Deputy Director, Adult Systems of Care and CalWORKS Program , SA 7 & 8

213 738-2756

Irma Castaneda, Emergency Outreach Bureau, SA 4

213 738-4924

Bryan Mershon, Ph.D. , Deputy Dir., Children's System of Care, SA 3 213 738-2147
Carlotta Childs-Seagle, Acting Deputy Director, Older Adults System of Care,
SA 1, 2 & 5 213 738-4851

Fax 213 386-1297

Terry Boykins, Deputy Director for TAY and Juvenile Justice, SA 6 213 738-4644
Belen Fuller, Director, Juvenile Justice Program

Joseph Ortego, M.D. Interim Director, Jail Mental Health Services 213 974-9083
Dennis Murata, Deputy Director for Program Support Bureau 213 738-4978

Fax 213 738-6455

Alisa Dunn, Mental Health Court Program adunn@dmh.lacounty.gov 626 403-4370

Fax 626 403-4260

Susan V. Rajlal, Legislative Analyst srajlal@dmh.lacounty.gov

Helena Ditko, Consumer & Family Affairs 213-738-3948

hditko@dmh.lacounty.gov

Isidoro Gonzalez, MSW, Spanish Family Advocate, IGonzalez@dmh.lacounty.gov

Keren Goldberg , Faith Based Advocacy Council Liaison 213 738-4258

ACCESS Number for 24 Hour Crisis Services 800 854-7771

Patients Rights 800 700-9996

LAC-DMH at 320 West Temple St, 15th Floor, Los Angeles 90012

Connie Draxler, Deputy Director, Office of Public Guardian 213 974-0407

cdraxler@dmh.lacounty.gov Fax 213 620-1405

LAC-DMH West Los Angeles Administration Office

11303 W. Washington Blvd, Suite 200, Los Angeles 90066

Jacquelyn Wilcoxon, District Chief, Service Area Manager, Geographic Initiative

jwilcoxon@dmh.lacounty.gov 310 482-6601

Fax 310 313-0813

LAC-DMH Hollywood Mental Health Center

1224 Vine St , Los Angeles 90038

Barbara C. Engleman, LCSW, Program Head 323 769 - 6183

BEngleman@dmh.lacounty.gov Fax 323 467-0297

Los Angeles County - Superior Court - Dept 95

1150 No San Fernando Rd Los Angeles 90065

Dept 95 Court, County Clerk 323 226-8426 & 226-2918

Court Rooms 323 226-2923 & 226-2924

Judge John Wylie, Supervising Judge 213 276-3730 & 323 226-8424

Kent Cahill, Deputy District Attorney in Charge 323 226-2936

Public Defenders Office 323 226-2932

Los Angeles County Airport Municipal Court
11701 S. La Cienega Blvd., Los Angeles, CA 90045

310 727-6020

| | |
|------------------------------------|-----------|
| Judge Leslie E. Brown | Dept. A |
| Judge Elden S. Fox | Dept. C |
| Judge James R. Dabney (Site Judge) | Dept. E |
| Judge Mark E. Windham | Dept. F |
| Commissioner Alan Rubin | Dept. 141 |
| Commissioner Mark Zuckman | Dept. 142 |
| Commissioner Jane Godfrey | Dept. 147 |

UCLA-NPIH Dept of Psychiatry (Behavioral Health Services)

760 Westwood Plaza, C7-463 NPI, Los Angeles 90024-1759

Dr Peter Whybrow, Judson Braun Professor & Executive Chairman of NPIH, Dept of Psychiatry & Biobehavioral Sciences & Director Neuropsychiatric Research Institute

310 206-1233

Fax 310 825-3942

Los Angeles City Council - Westside Council Members

200 No Spring St Rm # Los Angeles 90012

| | | |
|----------------------------------|---|------------------|
| Council District 11 – Mike Bonin | Rm 475 | 213 473-7011 |
| District Office | 1645 Corinth Ave, Ste 201, Los Angeles 90025 | 310 575-8461 |
| | | Fax 310 575-8305 |
| District Office | 7166 W. Manchester Ave., Los Angeles 90045 | 310 568-8772 |
| Field Deputy- | Venice- Taylor Bazley | 310 568-8772 |
| | | Fax 310 410-3946 |
| Council District 5 – Paul Koretz | Rm 440 | 213 473-7005 |
| | | Fax 213 978-2250 |
| District Office | 822 So Robertson Blvd, Ste 102, Los Angeles 90035 | |
| Susan Bursk, District Director | | 310 289-0353 |
| | | Fax 310 289-0365 |

CITY OF BEVERLY HILLS CITY HALL 455 N. Rexford Dr., Beverly Hills, CA 90210

Mayor: Lili Bosse

City Manager: Mahdi Aluzri

City of Beverly Hills Community Services Department

Human Services Division, Suite 250

humanservices@beverlyhills.org

James R. Latta, L.C.S.W., Human Services Administrator

310 285-1006

Fax 310 385-0840

Rachel Evans, Human Services Specialist
Beverly Hills CLASP - homeless outreach program 310 487-0313
Outreach coordinators: Kevin and Sabreah

BEVERLY HILLS POLICE DEPT.

464 N. Rexford Drive, Beverly Hills 90210
Information line: 310 550-4951
Fax: 310 246-9854
Kurt Haefs, Community Liaison Sergeant 310 285-2121

CULVER CITY CITY HALL 9770 Culver Blvd, Culver City 90232-0507

Mayor Jeffrey Cooper 310 253-6041
City Manager: John Nachbar 310 253-6000

SANTA MONICA CITY HALL, Council Office 1685 Main St, Santa Monica 90401

City Manager: Rick Cole 310 458-8301
Mayor: Tony Vasquez 310 458-8201
City Hall 310 458-8411
Human Services Division Room 212 310 458-8701
Human.services@smgov.net Fax 310 458-3380
TDD 310 458-8696

Setareh Yavari, Manager, Human Services Division
Patty Loggins-Tazi, Human Services Administrator, Neighborhood & Parks Initiative
Maggie Willis, Homeless Services Administrator, Homeless Services

City Of Santa Monica, Housing Authority 2121 Cloverfield Bl, Ste 131, SM 90404

Barbara Collins, Manager 310 458-8740
Housing Administrator Housing

Authority has: Section 8 Vouchers; Shelter Plus Care Vouchers; Home Rental Assistance Vouchers. Currently at 100% capacity. Apply by calling the above number for information to get on the waiting list. Please Note: This is not an agency providing emergency shelter or motel vouchers.

**City of Santa Monica Police Department Homeless Liaison Program
333 Olympic Blvd., SM 90401**

310 458-8953
Fax 310 458-2590
Officer Thomas Mastin Thomas.mastin@smgov.net
Officer Robert Martinez Robert.martinez@smgov.net

Service Area 5 Dept of Mental Health Funded Providers Include:

Directly Operated:

Edmund D. Edelman Westside Mental Health Center

Contract Agencies:

Alcott Center for Mental Health Services

Didi Hirsch Community Mental Health Center

Disability Community Resource Center (DCRC) (formerly Westside Center for Independent Living, Inc (WCIL)

Exceptional Children's Foundation – Kayne Eras Center

Exodus Recovery

Help Group West Child & Family Center

Homes for Life Foundation

Jewish Family Services of Los Angeles

Los Angeles Client Coalition (LACCC)

Meadowbrook

NAMI

New Directions for Veterans

Ocean Park Community Center (OPCC)

Pacific Asian Counseling Services

Providence Saint John's Child & Family Development Center

SHARE! the Self-Help and Recovery Exchange

St. Joseph Center

Step Up On Second

Vista Del Mar

Westside Urgent Community Services Program

WISE and Healthy Aging

In summary, it is apparent that the Westside Mental Health System of Care provides

-- a broad spectrum of high quality services for children, transitional age youth (TAY), adults and older adults

-- a collaboration of agencies

-- encourages participation by consumers, family members and the community

-- stretching available funds to best address local needs

WESTSIDE MENTAL HEALTH NETWORK DIRECTORY

c/o Alcott Center, 1433 S. Robertson Blvd., Los Angeles CA 90035

December 2017

This is a list of our member agencies, organizations and individuals. It contains information on services as submitted to us. We try to update this list twice each year. Please let us know of any changes/additions. If you would like to join the **WESTSIDE MENTAL HEALTH NETWORK**, please contact Celinda Jungheim at celindajungheim@gmail.com or 310-306-6766. **We meet the 2nd Wednesday of every month, 12 noon - 1:30 pm at DMH SA 5 Administration Office, 11303 W. Washington Blvd. LA 90066** (at Sawtelle) (except June & December when we host special meetings).

2-1-1 LA County (Formerly known as Info Line of Los Angeles)

P.O. Box 726, San Gabriel 91778-0726

Maribel Marin, Executive Director

Kiara Lopez, Outreach Coordinator ext. 2117

klopez@211la.org

mmarin@211LA.org

For Assistance Dial: 2-1-1 or 800 339-6993

Admin 626 350-1841

ext. 2100

Fax 626 442-6940

24 hour information & referral service providing information about health and human service agencies throughout Los Angeles County. It is funded by the County of Los Angeles and United Way. Services are provided 24 hours a day, 7 days a week in English, Spanish and over 140 other languages via a tele-interpreting service. 2-1-1 LA County's comprehensive database lists over 4,100 Health & Human Service Resources, call for more information.

ACCENT ON WELLNESS PSYCHOLOGY ASSOCIATES, INC.

Three Los Angeles County Locations:

2790 Skypark Drive, Suite **215**, Torrance, CA 90505

2730 Wilshire Blvd., Suite 620, Santa Monica, CA 90403

5535 Balboa Blvd., Suite **110**, Encino, CA 91316

310-855-3990

Fax: 424-276-7676

Intake Contact: Dr. Farrah Mirzaee, Ed.D. (310) 855-3990 EXT 5

Affordable, caring, solution-focused psychotherapy, provided by Licensed Psychologists, Licensed Marriage and Family Therapists, Licensed Clinical Social Workers, Registered Psychological Assistants, Associate Clinical Social Workers, and MFT interns, in English, Spanish and Farsi. Appointments available 9 am to 9 pm Monday-Thursday, 9 am to 7 pm Fridays, and 9 am to 2 pm Saturdays to accommodate busy schedules. Serving individuals, couples, families and groups of all ages—children, adolescents, adults and elderly. Accepting Medicare, LA Care/Care 1st Medi-Cal, additional Medi-Cal plans and California Victims of Crime. Many other insurance plans accepted including some HMOs and PPOs. Sliding scale also available with proven need. We treat trauma, depression, anxiety, partner relationship issues, anger, coping skills, family reunification, parenting/grand-parenting/caretaking, grief and loss and more. Certified Life Coaching, Infant Massage Instruction and Spiritual Counseling also available. Please call our main office at 310-855-3990 or 844-772-7792 (toll free) for details and

to schedule appointments.

ACCESS CENTER (a program of OPCC)

503 Olympic Blvd. SM 90404

310 450-4050

The Access Center is home to OPCC's outreach and street medicine teams and serves as the primary entry point for homeless and no income men, women and families. The Access Center provides mental health services, medical care, case management, benefits assistance and a broad range of engagement and basic living services (including meals, clothing, mail service, showers, laundry and lockers).

ADDICTION PREVENTION PROGRAM (ADAP) (Program of Jewish Family Service)

8838 West Pico Blvd., Los Angeles 90035

310-247-1180

Linda Gingras, CADC II, Addiction Specialist

Fax: 310 247-1491

This program provides substance abuse education, support and prevention resources addressing the needs of individuals, couples and families of all ages, backgrounds and socio-economic status with the goal of achieving a productive and fulfilling life. Services offered include information and referral, assessment, community education programs, outpatient counseling, clinical consultation, school-based services.

AIRPORT MARINA COUNSELING SERVICE (AMCS)

7891 La Tijera Boulevard, Los Angeles, CA 90045

www.airportmarina.org 310 670-1410

Fax 310 670-0919

Diana Hoffman Clinical Director dhoffman@airportmarina.org Since 1961, a private nonprofit outpatient mental health clinic offering sliding scale fees. Open 7 days a week, Mon. through Thursday, 9a -9p, Fri., Sat., Sun., 9a - 3p. Weekly psychotherapy for adults, children,(ages 5+) adolescents, families, couples, seniors. Psychiatry services for children and adults in ongoing psychotherapy. School-based counseling. Family/Child Therapy. Crisis Intervention. Couples Counseling. 10 Session Parenting Class. Men's Group. Women's Group. Anxiety Disorder Groups

ALCOHOL & DRUG PROGRAM ADMINISTRATION (Program of LA County-Dept of Health Services) see Substance Abuse Prevention and Control

ALCOTT CENTER for MENTAL HEALTH SERVICES

1433 S. Robertson Blvd, Los Angeles 90035

Phone 310 785-2121

Fax 310 553-6052

www.alcottcenter.org

Penny Mehra, Executive Director

pmehra@alcottcenter.org x 201

Nick Maiorino, MA, Associate Director

nmaiorino@alcottcenter.org x202

Kristi Rangel, LCSW, Director of Programs

krangel@alcottcenter.org x 205

Caitlyn O'Hara, LMFT, Program Manager

cohara@alcottcenter.org x224

Sarah Cummings, LCSW, Intake Coordinator

scummings@alcottcenter.org x223

Bill Moreno, Development Director/Studio Arts

bmoreno@alcottcenter.org x206

The Alcott Center for MHS is a non-profit agency providing recovery-oriented mental health treatment services to transition age youth, adults, and older adults who are living with mental illness. The Center is also the lead agency for the ‘Pico-Robertson Health Neighborhood’, a pilot project under the guidance of DMH.

MENTAL HEALTH SERVICES

310 785-2121

Outpatient Program

Office-based mental health services to adults including individual, group, couples, and family therapies. Services may also include care coordination, case management, medication support, crisis intervention, socialization opportunities, dual diagnosis groups, peer support.

Recovery, Resilience & Reintegration (RRR)

Comprehensive services for adults, 18+ often provided in the home, including assessment, medication management & support, individual, group, couples, family therapies, case management, and crisis intervention.

Interim Residential Services Program (IRSP)

Intensive mental health services and up to 6-months residential care to homeless individuals (TAY, Adults, Older Adults) coping with severe and persistent mental illness. Services may include case management, assistance with benefits establishment, linkages to permanent housing solutions, crisis intervention, individual & group therapies, medication support & supervision, and linkage to other needed community resources including medical care.

Prevention and Early Intervention (PEI)

Mental health services for transitional age youth, adults, and older adults experiencing early signs and symptoms of mental illnesses. These evidenced-based treatments are directed toward those for whom a short-term, low-intensity intervention may improve a mental health situation early in its manifestation. The program aims to strengthen an individual’s coping strategies to increase their resiliency, to reduce the need for long-term mental health treatment, and to prevent mental health issues from worsening.

Community Living Program

A 14-week program providing structured independent living skills training to individuals whose goal is to manage mental health symptoms, overcome related impairments, and strengthen independent living skills applicable to living in the community. The program assists those moving into independent housing and those who are currently living independently, but struggling.

Studio Arts & Music Program

The Studio Arts & Music Program is an outgrowth of the Alcott’s long-standing commitment to the arts as a bridge to supporting individuals’ well-being. The goals of the program are to provide the expertise and safe environment for Alcott clients and community members of all ages to express creativity in a myriad of ways; support and enhance the well-being and independence of

those living with persistent mental illness; *and* provide a vehicle to educate the public to reduce the stigma often attached to mental illness.

Graduate Training Program

The Alcott Center provides supervision and training to graduate students pursuing careers in mental health.

ALVIRA MANOR

1778 Alvira St, Los Angeles 90035

Angelea Brown, Executive Director

angelea657@ca.rr.com

323 932-8062

Fax 323 525-1812

Residential care in a supportive environment. male mental health facility.

ANTIOCH UNIVERSITY COUNSELING CENTER

400 Corporate Pointe, Culver City 90230

Eric J. Day, PhD, Director eday@antioch.edu ext 254

Jill Howe-Vercos, MFT, Associate Director/Manager ext 409

jhowevercos@antioch.edu

Clients to call 310 574-2813

Fax 310 821-7540

Counseling & psychotherapy for individuals, couples, families, children, adolescents, groups, Sliding scale available from \$20.00 to \$85.00. Counseling in English, Russian, Farsi, and Greek available. All ages welcome

ANTIOCH UNIVERSITY INTERNATIONAL COUNSELING CENTER

(Program of Antioch University Counseling Center)

2001 So Barrington Ave, Ste 110, West Los Angeles, 90025

400 Corporate Pointe, Culver City, CA 90230

310 477-7702

Fax 310 477-4688

The International Counseling Center offers psychotherapy services in English, Farsi, Russian and Greek for individuals, couples, families & children. Patients can be seen at both locations. Fees are based on sliding scale. Serving children, adults and families.

ANOTHER WAY (Program of Open Paths Counseling Center)

5731 W. Slauson Ave., Suite 175, Culver City 90230

Joel McLafferty, Clinical Director

Kendall Evans, MFT, Project Manager

openpaths@earthlink.net

310 258-9677

310 967-6072

310 967-6071

Fax 310 258-9650

Domestic violence counseling for batterers and battered women. Individual, group and family therapy focusing on domestic violence. Approved by LA County Probation Dept. Specializing in trauma, recovery and education on domestic violence issues.

ASPIRANET

1043 Pine Ave, Long Beach, CA 90813 310 535-1500
Foster family services. Fax 310-674-2847

BACUP (Benefits Assistance Clients Urban Projects) www.bacup.net

1730 W. Olympic Blvd., Suite 500 LA 90015 213 368-1888
Andy Posner, Director ext 12 Fax 213 368-6888
info@bacup.net

Benefits - Advocacy services providing representation to mental health clients for SSI and/or SSDI benefits. Staff represents clients “Initial” and “Reconsiderations” (1st appeals).

Project Independence – Community education is provided through Project Independence.

PSE - Program of Support and Employment – Provides support for mental health clients working and/or seeking employment. Employment support groups meet weekly on Mon & Thurs, 3-5pm. Individual counseling on benefit assistance in regard to employment is provided by the Employment Incentive Specialist. Assistance in seeking employment is provided on an individual basis. Please speak to Denice or Pam for further information.

NORA J. BALADERIAN, Ph.D. (PSY 11675) Licensed Psychologist 310 473 6768
Fax: 310 754 2388

Private Practice as the West Los Angeles Trauma and Crime Victim Center
2100 Sawtelle Blvd. #204, Los Angeles, CA 90025 (One block north of Olympic)

Email: nora.baladerian@verizon.net Website: www.norabaladerian.com

“Dr. Nora” Baladerian holds licenses both at a Psychologist and Marriage and Family Therapist (MFC19380). She is fluent in Spanish, and specializes her work with victims of crime (accepts Victim Assistance Reimbursement). She specializes in working with crime victims with disabilities (pre-existing or resulting from the crime), as well as other traumas including sexual assault, child sexual abuse survivors, and homicide and attempted homicide victims. She was the recipient in April 2008 of the U.S. Attorney General’s award for excellence in service to victims, receiving the National Crime Victim Services Award in Washington D.C., through the Office of Victims of Crime. She provides training to law enforcement officers locally and nationally on working with crime victims with cognitive and/or communication disabilities, and is the Executive Producer of the OVC training DVD, “VICTIMS WITH DISABILITIES: THE FORENSIC INTERVIEW” as well as “VICTIMS WITH DISABILITIES: THE FIRST RESPONSE” which will be published late 2008. She is a Board Certified Forensic Expert, Certified Sex Therapist, and Certified Trauma and Crisis Provider. She works closely with local Victim Assistance programs and provides Advanced Training programs through CVSTI, the training agency for Victim Compensation programs.

BEL-AIR GUEST HOME (Residential Care Facility)

1440 No Stanley Ave, Los Angeles 90046 323 876-3370
Galina Samuel, Director Fax 323 876-3372
64 bed residential care facility.

BEVERLY HILLS GARDENS

1470 So Robertson Blvd, Los Angeles 90035

310 273-3668

John Steinfield, Director

Fax: 310 246-1378

70 room Residential Care Facility. Services clients 65+

25% can be younger individuals if they are compatible with the general population

BEVERLY HILLS POLICE DEPT.

464 N. Rexford Drive, Beverly Hills 90210

Information line:

310 550-4951

Fax:

310 246-9854

Kurt Haefs, Community Liaison Sergeant

310 285-2121

BINAH UNLIMITED - CHANGE CONSULTING, TRAINING, PRESENTATIONS

Understanding: the key to unlock the future

Karen Macedonio

760 338-3231

Personal Development Coach

Cell

213-445-5875

Email

karen@binahunlimited.com

Website

www.binahunlimited.com

Design your future today, with a sense of hope, purpose and meaning. Humans thrive through active, changing regeneration. The human brain is constantly rewired and reworked through the experience of life. We're always becoming new, whether we realize it or not. Much of the process can be individually directed. Aim for a healthy mind in a healthy body – and then take one practical step at a time toward your personal goal.

BOYS & GIRLS CLUB OF VENICE IBEN FAMILY SUPPORT CENTER

2232 Lincoln Blvd, Venice 90291

310 390-4477

<http://www.bgcgv.org/>

Fax

310 390-1419

Erikk Aldridge - Chief Professional Officer erikk@bgcv.org

Tejal Yarmand, MFT - Director amcs@bgcv.org (of Iben Family Support Center)

Free child counseling for Boys & Girls Club members. Services provided by Airport Marina Counseling Center. After school youth guidance & intervention program serving children 6-18. Athletics, homework, art, games room, social skills, Teen Center, snack, reading & tutoring program. Dance, fitness center and drama.

BRENTWOOD MANOR

1449 So Wellesley Ave, Los Angeles 90025

310 826-3581

June Gatewood, Administrator

Fax

310 826-3584

Oscar Montoya- Assistant Administrator

140 bed (90 assisted living residence, 50 independent) 80% are for seniors 65+, non-ambulatory okay, no Alzheimer. 2 Hospice beds. 25% of beds are for individuals under 65 who are fairly high functioning and mix well with seniors.

BROTMAN MEDICAL CENTER - BEHAVIORAL HEALTH SERVICES (see Southern California Hospital at Culver City)

CALIFORNIA STATE DEPT OF REHABILITATION

See State Dept of Rehabilitation

916-324-1313

**(CAPPS) – see UCLA- Center for the Assessment and Prevention of Prodromal States
CARING FOR CHILDREN & FAMILIES WITH AIDS (CCFA) (see The Children’s
Circle)**

CATHOLIC CHARITIES COUNSELING SERVICES

1530 James M. Wood Blvd, Los Angeles 90015

John Sexton

213 251-3400

1531 James M. Wood Blvd, Los Angeles 900155 (Headquarters)

Fax 213 380-4603

The downtown site only provides group treatment for male batterers referred by the Courts. Catholic Charities Psychological Services does offer regular counseling to families, couples, individuals and children at other locations. Emergency food and shelter, sack lunches, Case management for low income, immigration and refuge programs.

www.catholiccharitiesla.org

info@catholiccharitiesla.org

Alexandra Arnold aarnold@catholiccharitiesla.org

St. Robert’s Center

310-566-1531

211 3rd Ave, Venice, CA 90291

St. Margaret’s Center

10217 Inglewood Ave. Lennox, Ca 90304

310 672-2208

Mary Agnes Erlandson, Executive Director

CENTER FOR CIVIC MEDIATION

1055 W. 7th St., Los Angeles 90017

Admin 213 896-6533

Jacklin Mizrahi, Director

Fax 213 613-1299

West Hollywood Office 6720 Melrose Ave., Hollywood, 90038

Octavio Olivas , Program Coordinator

323 876-2747

Fax 323 876-7826

Community and Peer mediation programs serving Los Angeles County. Affiliated with LA County Bar Association.

CENTERPEACE FOUNDATION (Creative Solutions for Peaceful Living)

Founder: Ellie Zarrabian, Ph.D.

310-498-3573

ellie@centeronpeace.com

www.centeronpeace.com

Psychotherapy & Shamanic Healing Practices.

COUNSELING CENTERS OF The CHICAGO SCHOOL OF PROFESSIONAL PSYCHOLOGY (formerly California Graduate Institute Counseling Center)

1990 Westwood Boulevard, Suite 330, Los Angeles 90025 310 481-5900

Fax 310 208-0684

Chris Marrero-Howieson, Psy.D., Director, West Los Angeles Counseling Center 310-481-5943
4199 Campus Drive, Fourth Floor, University Tower, Irvine 92612 949 737-5460

Julie Wilnier, Ph.D., Director, Irvine Counseling Center 949 769-7724

With over 45 therapists in two locations, The Counseling Center of The Chicago School in West Los Angeles and Irvine provide psychotherapy for individuals, couples, families and children in various modalities. Therapists are PhD, PsyD, LPCC, and MFT interns and trainees working towards their licensure. Languages spoken include Spanish, Farsi, French, Mandarin, Cantonese, Portuguese, Czech, Arabic, and Finish. Services include adult, adolescent, child, couples, and family counseling. Fees are based on a sliding scale. Full range of psychological and psychoeducational testing available.

CHILDREN'S DENTAL CENTER 310 419-3000

300 E Buckthorn St, Inglewood 90301

Only serve uninsured children and low income families, \$45 fee. MediCal under 21. Private cash. PPO. South of Manchester, No of Arbor Vitae, East of La Brea.

CHRYSALIS, SANTA MONICA - Changing Lives Through Jobs

1853 Lincoln Blvd, Santa Monica 90404 310 401-9400

Mark Loranger , CEO/President Fax 310 401-9443

Michael Grass-Weifner Vice President, Prog. Dept. 310 401-9400

Bianca Smith , Site Director 310 401-9422

Downtown LA Office 516 So Main St, LA 90013 213 806-6300

Fax 213 895-0073

SF Valley Office 14015 Van Nuys Blvd, Ste E, Pacoima 91331 818 794-4200

www.changelives.org Fax 818 899-0691

Job assistance for homeless and low income individuals. Job readiness classes, resume assistance, mock interviews, individual job search coaching, employment-focused group support, material resources, post-employment services and support. Non-profit founded in 1984 by John Dillon, dedicated to helping homeless and economically disadvantaged individuals become self-sufficient through employment opportunities.

CLARE FOUNDATION

909 Pico Boulevard, Santa Monica, CA 90405 310-314-6200

Fax 310-396-6974

Lisa Steele, Executive Director 310-314-6200, x 3111

LSteele@clarefoundation.org

Natasha Rudar, Sr. Program Director of Pico Services 310-314-6200 x3171
nrudar@clarefoundation.org

Diana Cho, Sr. Director of Clinical Services 310-314-6200 x3202
dcho@clarefoundation.org

Michael Robinson, Program Manager of Admissions 310-314-6200,
x3151 mrobinson@clarefoundation.org

CLARE Foundation is a nonprofit organization providing compassionate treatment and recovery services for alcoholism and substance abuse to individuals, families, and the community. CLARE offers affordable residential and outpatient treatment programs administered in a caring and sober community to help those facing drug and alcohol addiction recover their lives.

COLLABORATIVE HOUSING--- SEE SHARE!

COMMON GROUND - HIV COMMUNITY CENTER (a program of Venice Family Clinic)

310-314-5480
Fax: 310-314-5487

Hywell Simms, Executive Director

- /HIV Testing: Monday through Friday 9:00am to 5:00pm
- Syringe Exchange Mobile Exchange Program Monday – Friday 1-4 pm 310-993-2984
- HYPE Youth Drop-In Hours: Tuesday and Thursday 4-6 pm off-site in church at 7th and Westminster Drop-In Support Groups:
- Drop-in Support Group for HIV (affected and infected) Wednesday 1-3 pm
- Support Group for HIV positive males (gay or bisexual) needs a referral from Joe Hobel, Mental Health Specialist at Common Ground (310.314.5480 ext. 113)

Common Ground offers low cost or no cost mental health services to HIV positive residents and their families in Los Angeles County.

The goals of the Mental Health Program are to significantly improve the mental health and well being of Westside residents living with or impacted by HIV/AIDS and [high-risk youth](#), reduce barriers for our target population to access mental health services, and offer a harm reduction based approach to meet our clients where they are in their lives.

A COMMUNITY OF FRIENDS (ACOF)

3701 Wilshire Blvd, Ste 700, Los Angeles 90010 (corporate office) 213 480-0809

Dora Leong Gallo, CEO dgallo@acof.org

David Littlehales, Director of Residential Services dlittlehales@acof.org Fax 213 480-4189

ACOF's core mission is to develop affordable housing and to collaborate with community-based service agencies, to offer residents a variety of onsite supportive services. ACOF is able to provide housing for homeless, disabled and very low-income persons – creating permanent, affordable housing and an environment that promotes stability.

COMPASSIONATE FRIENDS (Chapter of Bereaved Parents of USA)

P.O. Box 67823, Los Angeles 90067

310 474-3407

Mort Schrag

Self-help group that helps parents cope with grief after the death of a child. Bereaved siblings are also welcomed.

CONSUMER & FAMILY AFFAIRS OF DEPT.OF MENTAL HEALTH

550 S. Vermont Ave., 5th Floor, Suite 502, Los Angeles 90020

Main Line: 213 738-3948

Program Director: Helena Ditko, LCSW

hditko@dmh.lacounty.gov

En espanol 213-738-2910

Family Engagement: FamilyAdvocate@dmh.lacounty.gov

FAY L. CRATON, MA, LMFT (Private Practice)

310 495-4955

8632 S. Sepulveda Blvd, Suite 200, Los Angeles, CA 90045

Treating all issues of individuals, families and friends dealing with chronic mental or physical illness and the related caregiving needs; with grandparents who have assumed the role of parenting their grandchildren and with spiritual/existential resilience or growth. License #mfc40011.

CULVER CITY POLICE DEPT

4040 Duquesne Ave, Culver City 90230

310 837-1221

Scott Bixby, Chief

310 253-6202

CULVER CITY SENIOR CENTER

4095 Overland Ave, Culver City 90232

310 253-6700

Armando Abrego, Director

310 253-6724

Darren Yuell, Disability Coordinator

310 253-6729

CULVER PALMS CENTER, Culver City (a program of Didi Hirsch)

11133 Washington Blvd, Culver City 90232

Fax 310 895-2395

Patricia Speelman, LMFT, Division Director, Suicide Prevention

310 895-2300

Alaina Zink, LCSW, Div. Dir., Residential/Substance Use Services

310

895-2300

Services provided: Substance abuse and suicide prevention services – Community Assessment Service Center, which provides mental health and substance abuse assessments for adults and manages calls from L.A. County Alcohol and Drug Abuse Hotline, and adult substance abuse treatment.

CULVER VISTA CENTER (Program of CLARE Foundation) (See COMMUNITY CENTER)

DANIEL'S PLACE (A program of Step Up On Second)

| | EXT | EMAIL |
|--|------------|--|
| DANIEL'S PLACE PROGRAM STAFF | | |
| Maria Jeffery, LCSW Program Manager | x 1721 | mjeffery@stepuponsecond.org |
| Kyle McCurdy, LCSW, Lead Service Coordinator III | x 1711 | kmccurdy@stepuponsecond.org |
| Shelley Hoffman, Parent/Family Advocate NAMI | x 1718 | shelley@stepuponsecond.org |

DAYBREAK TRANSITIONAL & EMERGENCY SHELTER (a program of OPCC)

1751 Cloverfield Blvd., SM 90404 310 450-0650

Daybreak provides a range of services to homeless, mentally ill women. Services include outreach and engagement, mental healthcare, medical care, benefits assistance, substance abuse treatment, domestic violence services, life skills groups, and interim and permanent housing services.

DAZ FOUNDATION - DAZ Counseling Center, DAZ Court Ordered Class, DAZ Divorce

Harry Davidow, MSW, ASW #27738* HDavidow@DAZFoundation.com

Ellen Kimmel, LCSW, LCS#11387 www.DAZFoundation.com

Mail: 578 Washington Blvd. #815, Marina Del Rey, CA 90292

Office Locations: West Los Angeles: 2001 Barrington Avenue, Suite 312, Los Angeles, 90025

Manhattan Beach: 1500 Rosecrans Avenue, Suite 500, Manhattan Beach, CA 90266

Torrance: 3655 Torrance Blvd. Suite 300, Torrance, CA 90503

Other Locations: Pasadena, Long Beach, Downtown, Culver City, Sherman Oaks, Woodland Hills, Panorama City, Burbank.

DAZ Foundation is a mental and behavioral health agency providing court-ordered classes in anger management, batterer's intervention, parenting, co-parenting, high-conflict parenting, domestic violence, anti-theft, anti-gang, substance abuse education and counseling, child abuse education and counseling. Individual, couples, family and group therapy. Play therapy and art therapy.

Other DAZ services: Divorce Coaching and Counseling, Therapeutic Supervised Visitation and Supervised Visitation, Prepare & Enrich: Premarital and Marital Assessment and Counseling, ADD Coaching and Counseling, DBT and Mindfulness Based Stress Reduction Classes.

Intensive Outpatient Home-Based Services.

*Associate Social Worker, Mediator, Substance Abuse Counselor

*Certified Facilitator in anger management, parenting and domestic violence

*CERTIFICATE Supervised Visitation through California Association of Supervised Visitation Service Providers.

*DAZ Foundation is a member of the Supervised Visitation Network.

DEL AMO HOSPITAL

23700 Camino del Sol, Torrance 90505 Intake/Admissions 800 533-5266 310-784-2219
Partial Hospitalization Program, 16920 Avalon Blvd, Carson, CA 90746,

424-203-1760

www.delamotreatment.com

Howard Mationg, Community Relations

Fax: 310 626-9304

howard.mationg@uhsinc.com

24 Hour psychiatric assessment team, adult program, youth services program, adult trauma & dissociative behavior disorders, and eating disorders.

DEPRESSION AND BIPOLAR SUPPORT ALLIANCE

Los Angeles CA (DBSA LACA)

Support Group Information (phone/text): 213-316-6568

www.dbsalaca.org

Monday Weekly Meeting Location:

Advanced Health Sciences Pavilion at Cedars Sinai, 127 S. San Vicente Blvd., Room PEC3, Los Angeles, CA, 90048

Meeting RSVP: <https://www.meetup.com/DBSALACA/>

RSVP is appreciated but not required.

Contact: info@dbsalaca.org

Volunteer: volunteer@dbsalaca.org

Connect:

- Facebook: <https://www.facebook.com/dbsalaca>
- Twitter: <https://www.twitter.com/dbsalaca>
- Instagram: <https://www.instagram.com/dbsalaca>

Donate:

- Paypal: <http://www.paypal.me/dbsalaca>
- Venmo: <https://venmo.com/dbsalaca>

DBSA Los Angeles CA offers weekly free adult peer led support groups, which allows people to gain insight and coping strategies from other group members lived experiences. This group is a warm, friendly, and safe environment for those diagnosed with mood disorders – depression and bipolar disorder. The group also provides resources, education, and educational events. DBSA Los Angeles CA is a 501c(3) non-profit organization and an independent affiliate of the Depression and Bipolar Support Alliance (DBSA), which is a national organization.

DIDI HIRSCH MENTAL HEALTH SERVICES

4760 So. Sepulveda Blvd, Culver City 90230-4888

www.didihirsch.org

Kita Curry, Ph.D., President/CEO

kcurry@didihirsch.org

Lyn Morris, LMFT, Senior Vice President, Clinical Operations

Curley Bonds, MD, Medical Director

Christina Ahumada, Ph.D., Adult Program Director

Centralized Intake and Referral

310 390-6612

Fax 310 398-5690

ext 423

ext 2305

ext 441

ext 5343

310 390-8896

Services provided: Comprehensive adult mental health services – including extensive community-based case management, medication support, group, individual and family therapy, peer support, advocacy and housing assistance, Wellness Center, Employment Services, older adult services, and private counseling. Bilingual/bicultural (Spanish) and field-based services available.

CULVER PALMS CENTER, Culver City

11133 Washington Blvd, Culver City 90232

Fax 310 895-2395

Patricia Speelman, LMFT, Division Director, Suicide Prevention

310 895-2300

Alaina Zink, LCSW, Div. Dir., Residential/Substance Use Services

310 895-2300

Services provided: Substance abuse and suicide prevention services – Community Assessment Service Center, which provides mental health and substance abuse assessments for adults and manages calls from L.A. County Alcohol and Drug Abuse Hotline, and adult substance abuse treatment.

EXCELSIOR HOUSE, Inglewood

1007 Myrtle Ave, Inglewood 90301

Fax 310 412-3942

Elan Javanfard, LMFT, Program Director

310 412-4191

Services provided: A short-term 14-bed psychiatric residential treatment facility for chronically mentally ill adults offering crisis resolution, stabilization and transitional programs.

GLENDALE CENTER, Glendale

1540 E. Colorado St., Glendale, CA 91205

Fax 818 243-5431

Jill Anderson, LCSW, Program Director, Adult Services, SA 2

818 244-7257

Martha Basmadjian, LMFT, Prog. Director, Child and Family Services, SA 2 818 244-7257

Services provided:

ADULT: Comprehensive adult mental health services – including extensive community-based case management, medication support, group, individual and family therapy, peer support, advocacy and housing assistance, Wellness Center, Employment Services, older adult services, and private counseling. Bilingual/bicultural (Armenian and Spanish) and field-based services available.

CHILD/FAMILY: Individual and family counseling for children, and private counseling. Parenting classes, medication management and case management. Outpatient services for children & families.

INGLEWOOD CENTER, Inglewood

323 North Prairie Ave., Inglewood 90301

Fax 310 677-7205

Tiffany Flood, LCSW, Program Director, Adults Intensive Services, SA 8

310 677-7808

Rachel Gloer, LMFT, Program Director, Family Services, SA 8

310 677-7808

Services provided:

ADULT: Comprehensive adult mental health services – including extensive community-based case management, medication support, group, individual and family therapy, peer support, advocacy and housing assistance, Wellness Center, Employment Services, older adult services, and private counseling. Bilingual/bicultural (Spanish) and field-based services available.

CHILD/FAMILY: Individual and family counseling for children, include child group treatment, Spanish-speaking parenting education/classes, medication management, case management, Family Preservation, CalWORKs, and school-based services. Outpatient services for children & families; CalWORKS mental health services.

JUMP STREET, Los Angeles

1233 So La Cienega Blvd, LA 90035 Fax 310 855-0138
Haylee Duran, LMFT, Program Director 310 855-0031

Services provided: A short-term 11-bed psychiatric residential treatment facility for chronically mentally ill adults offering crisis resolution, stabilization and transitional programs.

MAR VISTA CENTER, Mar Vista

12420 Venice Blvd, LA 90066 Fax 310 398-0312
Lisa Schumacher, LCSW, Program Director, Family Services, SA 5 310 751-1200
Paulla Elmore, LMFT, Lead Clinical Supervisor 310-751-1207

Services provided:

FAMILY/CHILD: Individual, family and group therapy using evidenced based practices; treating children/teens with trauma, mental illness, substance abuse or difficulties with life functioning. Special services available for birth to 5 year old children/caregivers, as well as for children who have been recovered after an abduction.

YOUTH SUBSTANCE ABUSE SERVICES: Out-patient prevention and treatment services for youth ages 12-21 who have a substance use disorder or are at risk for a substance use disorder. Services are offered at no cost and insurance is not required.

METRO CENTER, Los Angeles

672 So Lafayette Park Pl, Ste 6, LA 90057 Fax 213 380-8923
Oscar Gonzales, LCSW, Program Director Family Services SA 4 213 381-3626

Services provided:

FAMILY/CHILD: Individual and family counseling for children, private counseling, and CalWORKs. Parenting classes, medication management and case management. Outpatient services for children & families; CalWORKS mental health services.

ORANGE COUNTY CENTER, Santa Ana

2000 East 4th St. Suite 110, Santa Ana, CA 92705 Fax 714 547-8352
Jacquelyn Rivera, LCSW, Program Coordinator 714 547-8562

Services provided: Multi-lingual 24 hour, 7 days a week, suicide prevention hotline services, individual support counseling and group for those who have lost a loved one to suicide, as well as outreach and training to the community of Orange County.

S. MARK TAPER FOUNDATION CENTER, Los Angeles

1328 W Manchester Ave, LA 90044 Fax 323 778-0028
Lily Fowler, LCSW, Program Director, Family Services, SA 6 323 778-9593

Services provided: Individual and family counseling for children, private counseling, and

CalWORKs. Parenting classes, medication management and case management. Outpatient services for children & families; CalWORKS mental health services.

SUICIDE PREVENTION CTR & BEREAVEMENT SERVICES spcdh@didihirsch.org

24 Hour Crisis Hotline 877 727-4747

Patricia Speelman, LMFT, Division Director 310 895-2300

Rick Mogil, Program Director, Prevention and Bereavement Services 310-895-2326

Services provided: 24-hour Suicide Prevention Center hotline, crisis intervention and response, Survivors after Suicide, and Suicide Response Team.

Attempt Survivor groups – Patricia Speelman, LMFT 310 895-2300

VIA AVANTA, Pacoima 818 897-2609

Services Provided: A 40-bed residential facility providing a 12-month treatment program for drug-addicted women, women with children, and pregnant substance abusers, including substance abuse treatment, family treatment, preschool and job training.

MICHAEL DiPAOLO, PhD (Private Practice)

1849 Sawtelle Blvd., Suite 540, Los Angeles 90025 310 268-7792

www.drmihaeld.com

Michael@DrMichaelD.com

Licensed Psychologist specializing in working with both individuals & families coping with mental illness, and with integrating spirituality into treatment. Trained with Dr. Chris Amenson at Pacific Clinics. Provides educational seminars to individuals and families, including the annual “How to Survive & Thrive with a Mentally Ill Relative” series in Pasadena. Certified Imago Relationship Therapist, specializing in working with couples.

DISABILITY COMMUNITY RESOURCE CENTER (DCRC) formerly Westside Center

For Independent Living (WCIL)

www.dcrc.co

Mar Vista Main Office

12901 Venice Blvd, Los Angeles, CA 90066

Phone (310) 390-3611

Fax (310) 390-4906

Anastasia Bacigalupo, Executive Director anastasia@dcrc.co (310) 390-3611 ext 201

DCRC provides advocacy, case management, independent living skills training, housing and other support services for people with disabilities of all types, aged 14 and older. DCRC offers peer-to-peer support and peer-led support groups. DCRC is a DMH Wellness Center and trains DMH service recipients through the Peer Support and Employment Project (PSEP).

Satellite Offices:

WISE Healthy and Aging

1527 4th St, Santa Monica, CA 90404

Marco Salazar

Santa Monica Community Services and Outreach Specialist

310-394-9871

Barlett Senior Center

1318 Craven Avenue

Torrance, CA 90501

Peter DeMieri
Comprehensive Services Specialist II
(310) 320-5918

West Hollywood Community Housing Corp.
7302 Santa Monica Blvd. 2nd Floor
West Hollywood, CA 90046
David Kruskall
Independent Living Specialist – WH Employment
(323)883.8796

DISABILITY RIGHTS CALIFORNIA (Previously known as Protection and Advocacy, Inc.)

350 S. Bixel St., Ste 290, Los Angeles, CA 90017 www.disabilityrightsca.org 213-213-8000
TTY 800 776-5746
Fax 213 213-8001

Managing Attorney: Candis Bowles, candis.bowles@disabilityrightsca.org
Melinda Bird, Regional Counsel, melinda.bird@disabilityrightsca.org
Rose Ortega, Advocate, rose.ortega@disabilityrightsca.org
Pamila Lew, Staff Attorney IU, pamila.lew@disabilityrightsca.org

Provides free legal advice through phone appointments for any person with a disability. PAI also has self-help publications available on-line or by calling the toll-free hotline. Legal issues include public benefits, SSI, Medi-Cal, IHSS transportation, discrimination in employment, housing, access to courts, patients rights, Regional Center services and special education.

DISPUTE RESOLUTION SERVICES (See Center for Civic Mediation)

SHARON DUNAS, LMFT, Private Practice; Past President–NAMI Westside LA
ssdunas@aol.com 310 820-4626

Specialize in treating all issues of family members dealing with mental illness such as anxiety, depression, bipolar disorder, O.C.D., panic disorder, and schizophrenia. Treating all issues relating to suicide. Treating the family member that was traumatized as their child, one or both parents or a sibling were mentally ill or dually-diagnosed. NAMI Family to Family State Training teaching others how to teach the free graduate level psycho-biological Family to Family education course for families struggling with mental illness in their midst.

EDMUND D. EDELMAN WESTSIDE MENTAL HEALTH CENTER -COUNTY OF LOS ANGELES DEPT OF MENTAL HEALTH

11080 W Olympic Blvd, Los Angeles 90064

ADULT SYSTEM OF CARE 310 966-6500
24 Hour Crisis Hotline 800 854-7771
2nd floor Fax 310 231-0684
Crisis Evaluation Unit 310 966-6508

Nilsa Gallardo, PsyD, Program Head ngallardo@dmh.lacounty.gov 310 966-6538

Nancy Nowlin-Finch, M.D., Medical Director nnowlinfinch@dmh.lacounty.gov

Crisis Evaluation/Intervention, assessment, medication management, case management for persons with chronic and severe mental illness, group therapy, money management, Transition Age Youth, Wellness, FSP, FCCS-OA, PEI therapy, rehabilitation back to work/school program, benefits establishment and housing assistance.

CHILDREN'S SYSTEM OF CARE 11303 W Washington Blvd, LA 90066 310 482-3200
Fax 310 915-8579

Patrice Grant, PhD, Program Head, Outpatient Clinic 310 482-3202
pgrant@dmh.lacounty.gov

Services provided: Individual, family, group therapy; psychiatric evaluation, medication management, children's school based services and case management.

DMH WLA Administration Office Service Area 5

11303 W. Washington Blvd, LA 90066 (at Sawtelle) 310 482-6600

Jacquelyn Wilcoxon, LCSW, District Chief, Service Area Manager,
jwilcoxon@dmh.lacounty.gov

310 482-6601

Fax 310 313-0813

Anahid Markarian-Aghaniantz amarkarianaghaniantz@dmh.lacounty.gov 310 482-6603

Adult (26-59)/Older Adult (60+) Navigator: Elmer Ornelas, 310 482-6616

EOrnelas@dmh.lacounty.gov

Child (0-15)/Transition Age Youth (TAY 16-25) Navigator:, Mandy Ighani LCSW

MIghani@dmh.lacounty.gov 310 482-6610

EMERGENCY OUTREACH SERVICES for SA 5 Direct Service Line 310 482-3260

Monica Rodriguez-Finston, Supervisor with Voice Mail 310 482-3261

Programs: Psychiatric Mobile Response Team (PMRT)

Homeless Outreach Team (HOT) After Hours # 800 854-7771

Based at GI Headquarters. Provides PMRT (mobile response) and homeless outreach services for Service Area 5.

The Clergy Committee contact for SA 5 is Rosie Perez, DMH Staff (310)-482-6619 and Pastor John David Webster (424) 218.9879 –Community Clergy Partner

- Responsible for planning and organizing Quarterly Meetings for SA 5
- Quarterly Meetings occur
- Outreach and Engagement Support / Consultation for all clergy involvement

EMPOWERMENT & ADVOCACY DIVISION of DMH (see Consumer & Family Affairs)

ELDER ABUSE HOTLINE

877 4-R-Seniors

877-477-3646

If you have observed, are aware of, or suspect physical abuse, financial exploitation, mental

abuse, neglect or self-neglect of an elderly person, call the Elder Abuse Hotline immediately to report the abuse. You do not need to know for sure. Even if you only suspect a problem, call the hotline. Your call will be confidential. If you believe the situation is life-threatening – call 911 first.

EL DORADO COMMUNITY SERVICE CENTER

James Milner, Coordinator, Mental Health Services 424 227-7971
Rebecca Lira, Substance Abuse Program Director 562 222-1313
Evelyn Sozce, Accreditation Director/Court Ordered Classes 562-222-1310

Services Provided: Substance Abuse, Medical Treatment and Mental Health Services. Our Mental Health Services are composed of individual therapy, family therapy, and medication support and utilize a range of treatment techniques and approaches.

El Dorado Hollywood 323 653-1677
5015 West Pico Blvd., Los Angeles 90019 Fax 323 936-9435
El Dorado Lawndale 310 675-9555
4023 Marine Ave., Lawndale 90260 Fax 310 263-1909
El Dorado Palmdale 661 947-3333
2720 E. Palmdale Blvd. #128 & 129, Palmdale 93550 Fax 661 575-2397
El Dorado Santa Clarita 661 288-2644
24625 Arch Street, Newhall 91321 Fax 661 288-2669
El Dorado Van Nuys 818 779-0555
6265 Sepulveda Blvd. #9 & #10, Van Nuys 91411 Fax 818 779-0455
El Dorado Venice 310 399-9883
2014 Lincoln Blvd., Venice 90291 Fax 310 399-9678
El Dorado Inglewood 310-671-0555
4450 W. Century Blvd. Inglewood, CA 90304 Fax 310-674-5292
El Dorado Long Beach 562 428-4222
100 E. Market Street Long Beach, CA 90805 Fax 562 428-0372
El Dorado Long Beach 562 427-8018
2272 Pacific Ave., Long Beach, CA 90806 Fax 562 427-8130
El Dorado Hawaiian Gardens 562 916-7581
21505 Norwalk Blvd. Hawaiian Gardens, CA 90716 Fax 562 916-7592

EXCELSIOR HOUSE, Inglewood (a program of Didi Hirsch)

EXCELSIOR HOUSE, Inglewood
1007 Myrtle Ave, Inglewood 90301 Fax 310 412-3942
Elan Javanfard, LMFT, Program Director 310 412-4191

EXCEPTIONAL CHILDREN’S FOUNDATION-Kayne Eras Center

5350 Machado Road, Culver City, California 90230 310-737-9393
Fax 310-737-7974

Scott Bowling, President & CEO sbowling@kayneeras.org 310-204-3300

Linda Shing, Director of Mental Health Services lshing@ecf.net 310-773-9366

ECF provides out-patient (in-home or office) counseling to children and TAY (ages 3-25) and their families. Services also include medication management and case management and are provided in both English and Spanish. Our therapists speak English, Spanish, and Farsi. The child must be a recipient of full-scope Medi-Cal. Referrals are made by parents, teachers and counselors by calling Data Coordinator, Alma Guerrero at 310-773-9412. In addition, ECF operates 16 other programs for infants through adults who are struggling with emotional, physical and mental disabilities; which include three Early Start Centers, Art Centers, Vocational services, residential programs and the Kayne-Eras Non-public School. ECF provides thousands of children and adults with disabilities the opportunity to live in communities throughout Los Angeles with dignity, self-respect, and happiness.

EXODUS LODGE (Program of Salvation Army)

11301 Wilshire Blvd, Bldg 207, Los Angeles 90073 310 478-3711
Mary Leasure, Interim Director Ext. 42811 Fax 310 268-0760
20 transitional beds/ board and care for 70 vets

EXODUS RECOVERY URGENT CARE CENTER

11444 Washington Blvd. Suite D, Los Angeles 90066 Fax 310 253-9494
Connie Dinh, RN, Director of Nursing CDinh@exodusrecovery.com
Luana Murphy, MBA, President/CEO LMurphy@exodusrecovery.com 310 945-3350
Kathy Shoemaker, RN, Sr VP, Clinical Services KShoemaker@exodusrecovery.com

The Exodus Recovery Urgent Care Center is open 24 hours a day, 7 days a week for any psychiatric emergencies. It is an alternative to inpatient hospitalization and will provide immediate crisis intervention and stabilization. Services include: Psychiatric Assessment, Medication stabilization, Social Services, access to emergency housing and Benefits establishment.

EXODUS RECOVERY FULL SERVICE PARTNERSHIP

3828 Hughes Ave. Culver City 90232 Fax 310 280-7006
Dan Cole, Program Director 310 991-4631
Rich McDermott, Case Manager 310 713-0850

EXODUS RECOVERY, INC. Administrative Offices - DEPT OF MENTAL HEALTH

CONTRACT PROGRAM

9808 Venice Blvd, Ste 700 Culver City 90232 310 945-3350
Fax 310 840-7023
Luana Murphy, MBA, President/CEO LMurphy@exodusrecovery.com
Kathy Shoemaker, RN, Sr VP, Clinical Services KShoemaker@exodusrecovery.com
Lezlie Murch, MFT, VP, Programs LMurch@exodusrecovery.com
LeeAnn Skorohod, CHC, CCEP, Sr VP, Operations, LSkorohod@exodusrecovery.com

Connie Dinh, RN, Director of Nursing

CDinh@exodusrecovery.com

FAIR HOUSING COUNCIL of LOS ANGELES COUNTY (see Housing Rights Center)

**FAMILY ADVOCACY FOR ADULT SYSTEM OF CARE, LOS ANGELES COUNTY,
DEPARTMENT OF MENTAL HEALTH (See Empowerment & Advocacy)**

FAMILY TO FAMILY EDUCATION CLASS (a program of NAMI)

Free 12 weeks course for families and caregivers. 310 889-7200

Covering: brain biology, medications, problem solving, communication, self-care & advocacy skills training and much more. register at www.namila.org

FAMILY RESOURCE COUNSELING CENTER

310 479-9798

11500 W. Olympic Blvd., Suite 420, LA 90064

Fax 310 479-9796

Lexi Welanentz, PhD

Sara Abbot, PsyD, Psych Assist

Outpatient counseling center for infants, children, adolescents, and adults. Individual services as well as a variety of groups. MediCare accepted.

FAMILY SERVICE OF SANTA MONICA (A Service of Vista Del Mar)

1533 Euclid St Santa Monica, CA 90404

310 451-9747

Fax 310 451-6106

Laura Ornelas, LCSW Director of Family Service lauraornelas@vistadelmar.org

Kelly Delich, LMFT, Intake Supervisor kellydelich@vistadelmar.org

A service of Vista Del Mar, we provide outpatient counseling and psychotherapy services for children, families, and adults at our agency and community sites. Services are available in English and Spanish. School based services are supported by the City of Santa Monica. Reflective Parenting Groups, parent workshops and topical groups are offered at the agency and community sites. Medi-Cal is accepted for children and teenagers. RRR can be offered to qualifying children and young adults up through age 25 years old. A Sliding Fee Scale is offered. At the request of clients, documentation is provided for submission to their PPO insurance companies for reimbursement.

FAMILY SOURCE CENTER – See West Los Angeles Family Source Center

FELICIA MAHOOD (Senior Center) operated by Jewish Family Service of Los Angeles

11338 Santa Monica Blvd, Los Angeles 90025

310 479-4110

Sheila Moore, LCSW smoore@jfsla.org

310-231-1039

Fax 310-231-0679

FRESH START MARKET – (a program of Step Up on Second)

1328 Second St, SM 90401

310 394-4390

Len Lovallo, Program Manager ext 1650

310 394-6889

Mini Market and Fresh Food Grill- open to the public, providing vocational training opportunities.

FRIENDSHIP LINE (Program of Project Return Peer Support Network)

6055 E. Washington Blvd., Suite 900, Los Angeles 90040

Friendship Line Toll Free 888 448-9777
6-10PM weekdays; 2:00PM to 10PM weekends & holidays Fax 323 346-0966

Operated by Project Return Peer Support Network (PRPSN) and sponsored by the National Mental Health Association of Greater Los Angeles, the Friendship Line, an after-hours "warm line" run by and for mental health consumers, provides peer support and referral information.

GATEWAYS RESIDENTIAL RE-ENTRY CENTER (RRC)

1801 Lakeshore Ave., Los Angeles 90026

323 644-2020
Fax 323 644-2044

This program provides court-mandated residential treatment, as well as outpatient and supervision services to men and women between the ages of 18 and 59. Clients enter the program in the following ways:

- They have been released from Federal prison.
- They are under Federal probation.
- They have been directly committed to the program from either a Federal or County of Los Angeles Court.

Funding is provided through contracts with the Federal Bureau of Prisons and the State of California Department of Mental Health, Office of Forensic Services. Alternative sentence clients pay for their own community custody.

GATEWAYS HOSPITAL & MENTAL HEALTH CENTER

1891 Effie St, Los Angeles 90026

General inquiries: gateways@gatewayshospital.org Fax 323 666-1417

Medically supervised individual & group therapy, vocational assessment, psychiatric evaluations, medication management, drug & alcohol recovery groups, process groups, art therapy, stress management, interpersonal skills & bipolar group. Inpatient and outpatient programs.

GATEWAYS COMMUNITY REINTEGRATION PROGRAM & CONDITIONAL RELEASE PROGRAM

437 No Hoover St, Los Angeles 90004

323 644-2030
Fax 323 660-6866

The CRP Program provides voluntary residential, daycare and outpatient treatment to men and women between the ages of 18 and 59 who have a history of mental illness and recent involvement with the criminal justice system. Primary funding is provided by the Los Angeles County Department of Mental Health. Clients are required to pay for some of their own services.

GLENDALE CENTER, Glendale (a program of Didi Hirsch)

1540 E. Colorado St., Glendale, CA 91205 Fax 818 243-5431
Jill Anderson, LCSW, Program Director, Adult Services, SA 2 818 244-7257
Martha Basmadjian, LMFT, Prog. Director, Child and Family Services, SA 2 818 244-7257

Services provided:

ADULT: Comprehensive adult mental health services – including extensive community-based case management, medication support, group, individual and family therapy, peer support, advocacy and housing assistance, Wellness Center, Employment Services, older adult services, and private counseling. Bilingual/bicultural (Armenian and Spanish) and field-based services available.

CHILD/FAMILY: Individual and family counseling for children, and private counseling. Parenting classes, medication management and case management. Outpatient services for children & families.

GOLDEN MANOR REST HOME

3535 Overland Ave, Los Angeles 90034 310 836-0510
Mark Ingber, Administrator 310 836-0518
98 bed state licensed residential care facility. Fax 310 836-1938

GRANDPARENTS AS PARENTS, INC.

A resource for all relative caregivers raising children

Administrative Office: 22048 Sherman Way, Suite #217 Canoga Park 91303 818 264-0880
Edelman’s Children’s Court – 201 Centre Plaza Drive – 5th floor Rm. 422 323 526-6553
Fax: 818 264-0882

Ester Torrey, Executive Director Esther@GrandparentAsParents.org
Sylvie de Toledo, Founder & Clinical Dir. Sylvie@GrandparentAsParents.org
Sarah Doakes, Program Director Sarah@GrandparentAsParents.org
Dee Meichelbock, Permanency Coordinator/ Edelman Children’s Court
Dee@GrandparentAsParents.org
Tyrone Cain, Court/Community Navigator Tyrone@GrandparentsAsParents.org
Angelica Leyva, Multicultural Services Coordinator
Angelica@GrandparentsAsParents.org

Grandparents As Parents (GAP) is a non-profit organization that has provided programs and services to meet the urgent and on-going needs of grandparents and other relatives raising children at risk since 1987. Services offered include; family and social outings, caregiver advocacy, resources, financial assistance resources, support groups, and much more. Currently we have 20 weekly support groups throughout Los Angeles County. GAP is an excellent and diverse program for ALL relative caregivers. The Administrative Office is open Monday through Friday 8:30am-4:30pm and our hearts are open 24-7, 360 days a year. You are not alone.

HARBOR - UCLA MEDICAL CENTER DEPT OF PSYCHIATRY

1000 W Carson St, Torrance 90509 310-222-3137

Ira Lesser, Chair, Dept. of Psychiatry

310 222-3101

Fax 310-320-6973

Psych E.R. 310 222-3144 or 310 222-3145

Medical E.R. 310 222-3517

THE HELP GROUP WEST CHILD AND FAMILY CENTER

12099 W. Washington Blvd, Suite 200, Los Angeles, CA 90066

Main Line 310 751-1171

Fax 310 313-7652

Olga Zysman, LMFT, Senior Director Outpatient Services

Therese Stephano, LMFT, Director Outpatient Services Culver City

310-751-1172

Hugo Sibrian, IMF, Intake Coordinator

310-751-1174

Services provided: Comprehensive mental health services for children and adolescents ages 0-25 with Medi-Cal, including individual therapy, family therapy, case management, individual rehabilitation, and psychiatric services for children experiencing a variety of symptoms ranging from hyperactivity, anxiety, sadness, and trauma-induced behaviors; **Field Capable Clinical Services (FCCS-Child & TAY)** include a range of field based services to children and families who may be reluctant or unable to access mental health services due to impaired mobility, geographic limitations, or stigma associated with receiving services in a traditional clinic setting; **Evidence Based Practices** including Trauma Focused Cognitive Behavioral Therapy (TF-CBT) to address symptoms related to trauma, Positive Parenting Program (Triple P) to assist parents in managing their child's challenging behaviors, Child-Parent Psychotherapy (CPP) which promotes and strengthens the relationship between caregiver and child, Managing and Adapting Practices (MAP) to address anxiety, depression, and disruptive disorders, and Seeking Safety which focuses on co-occurring disorders in TAY aged children, and CAPPs a prevention and early intervention program that focuses on youth and young adults, ages 16-25, who are in danger of experiencing first-break psychosis; **In-home** and **school-based** services are available; intensive home-based services such as **Wraparound** and **Full-Service Partnership** (0-15 years) available for children/youth experiencing significant emotional, psychological, and behavioral problems. **Spanish-speaking staff available.** www.thehelpgroup.org

HOLLYWOOD MENTAL HEALTH CENTER (Program of LA County Dept of Mental Health)

1224 Vine St, Hollywood, CA 90038

323 769-6100

Admin Fax 323 467-0297

Barbara C. Engleman, LCSW, Program Head

323 769-6183

Dr. Monika Riederle, Main Clinic

323 769-6100

Jim Maloney, LCSW, Wellness Center

323 671-2600

Dennis Griffith, LCSW, FSP

323 871-4600

HOMES for LIFE FOUNDATION

8939 So Sepulveda Blvd, Ste 460, Los Angeles 90045

310 337-7417

Carol M. Liess, Executive Director cliess@homesforlife.org
Deborah Gibson, Executive Assistant

Fax 310 337-7413

www.homesforlife.org

info@homesforlife.org

Homes for Life Foundation was established in 1987 as a nonprofit housing development corporation with a mission to establish permanent service-enriched housing within the geographical boundaries of Los Angeles County to serve homeless adults suffering from mental illness.

HOPE OASIS FAMILY COUNSELING (a faith based organization)

9800 S La Cienega Blvd., Suite 200, Inglewood 90301

DeYana M Blacksher, MA, LMFT, Clinical Supervisor

310 293-8105

Shirley Fort, MA, Christian Minister & Biblical Counselor

213 709-2279

Vivian Scranton, RAS, Registered Addiction Specialist

310 346-0082

Here to help individuals, families and groups of all ages heal and grow. Spiritual direction with emotional support and growth in a safe setting. Providing practical tools and strategies to help in daily living including: Life Skills, improving communication in relationships, managing stress and conflicts. We offer insight into issues and patterns of depression, anxiety and grief as well as substance and domestic abuse; provide support, education, resources and encouragement. Here at Hope Oasis Family Counseling we strive to be practical, Biblically-based and clinically excellent.

BE-REFRESHED! - BE-EMPOWERED! - BE-RESTORED!

HOUSING RIGHTS CENTER (formerly Westside Fair Housing Council)

3255 Wilshire Blvd, Suite 1150, Los Angeles, CA 90010

800 477-5977

Monday-Friday 8:30am-5:00pm

213 387-8400

E-mail: info@housingrightscenter.org

TTY 213 201-0867

Web: www.housingrightscenter.org

Fax 213 381-8555

Yazmin Guzman, Director of Media, Outreach & Education,

yguzman@housingrightscenter.org

The Housing Rights Center (HRC) is California's largest, private non-profit fair housing organization. HRC is contracted with Los Angeles and Ventura Counties to provide free fair housing services to the community.

HRC services include:

- Landlord/Tenant Counseling – for general housing issues such as refund of security deposits, repairs, evictions, rent increases, notices and more
- Investigation – for complaints of housing discrimination
- Litigation and Advocacy – for victims of housing discrimination; and
- Outreach and Education Services – free presentations and fair housing brochures for community members, housing industry professionals, and other non-profit or community service agencies.

- Free rental listings - “Project Place” of low income and moderate income Section 8 and senior housing.

HRC programs and services are provided free of charge, in eight (8) different languages: English, Spanish, Cantonese, Mandarin, Armenian, Russian, Korean, and American Sign Language.

IDOM INDUSTRIES INC.

171 N. La Brea Ave Suite 204
Inglewood CA 90301

www.idomindustries.org

Idom Industries II

5444 Crenshaw Blvd., Suite 212, Los Angeles 90043

310 671-0023

Fax 310 419-9409

310 686-8828

Fax 310 419-9409

Byron Idom, President / C.E.O Byron Idom, President / C.E.O.

Los Angeles County Department of Mental Health (Provider) Los Angeles Superior Court (Provider) Los Angeles Public Defenders Office (Provider) Los Angeles Probation Department (Contractor) Edelman Children's Court Monterey Park (Provider) Legal Shield (Law Firm) Associate Law Enforcement (Public Safety Agency) Department of Children and Family Services (Provider) Victims of Crimes (Provider) Preferred Management Mental Health LLC, (Provider) TRICARE United States Military (Provider) Anthem Blue Cross Behavior Network (Provider) LA County 211 Listing Rainbow Resource Directory Listing

INFO LINE of Los Angeles (see 2-1-1-LA County)

INGLEWOOD CENTER, Inglewood (a program of Didi Hirsch)

323 North Prairie Ave., Inglewood 90301

Fax 310 677-7205

Tiffany Flood, LCSW, Program Director, Adults Intensive Services, SA 8

310 677-7808

Rachel Gloer, LMFT, Program Director, Family Services, SA 8

310 677-7808

Services provided:

ADULT: Comprehensive adult mental health services – including extensive community-based case management, medication support, group, individual and family therapy, peer support, advocacy and housing assistance, Wellness Center, Employment Services, older adult services, and private counseling. Bilingual/bicultural (Spanish) and field-based services available.

CHILD/FAMILY: Individual and family counseling for children, include child group treatment, Spanish-speaking parenting education/classes, medication management, case management, Family Preservation, CalWORKS, and school-based services. Outpatient services for children & families; CalWORKS mental health services.

**INSIGHT ENRICHMENT GROUP –
Psychosocial Support & Case Management**

19528 Ventura Blvd, Suite 329, Tarzana, CA 91356

310-910-9780

Email: info@insighntenrichment.com

855-504-4IEG

Website: www.insighntenrichment.com

Adam Sholder, Executive Director
Rincy Mathew, Case Manager
Jeff Kueppers, Case Manager
Liseth Gutierrez, Therapeutic Companion

Insight Enrichment Group is a leading provider of Psychosocial Support and Case Management Services. For more than 10 years the mental health experts at Insight Enrichment Group have worked in close collaboration with our clients, their families, and their doctors and therapists, helping individuals reach their potential through our practical philosophy for personal growth. An IEG Case Manager will work with you to identify goals and create a custom treatment plan to support you with your personal challenges and activities of daily living, including but not limited to: establishing meaningful and balanced structure in your weekly routine, enhancing communication, interpersonal, and problem-solving skills, providing educational and vocational guidance, and developing independent living skills. Additional support is provided by our Therapeutic Companions, who assist with getting to appointments, filling out paperwork, exercise, and social/recreational activities.

INTERNATIONAL COUNSELING CENTER (Program of Antioch University Counseling Center)

2001 So Barrington Ave, Ste 110, West Los Angeles, 90025 310 477-7702
400 Corporate Pointe, Culver City, CA 90230 310 477-7702
Fax 310 477-4688

Dorit Miller, Psy.D. and Margo Galdjie, PsyD, Program Managers
E-mail address: Talktherapy911@aol.com

The International Counseling Center offers psychotherapy services in English, Farsi, Hebrew, Spanish, Russian, Greek, Polish, Mandarin, Cantonese & Taiwanese for individuals, couples, families & children. Other services are: pre-marital counseling, psychological testing, psychiatric evaluations, addiction intervention, play therapy and group therapy. Licensed psychologists are available as well as interns and trainees. Patients can be seen at both locations. Fees are based on sliding scale. Medicare and some insurances are acceptable.

JEWISH FAMILY SERVICE OF LOS ANGELES – CENTRAL ACCESS

Toll Free 877 275-4537 (877-Ask-4-JFS)

Jennifer Glazer, LCSW jglazer@jfsla.org Fax 323 935-5161

Central Intake line for Jewish Family Service providing information and referral, connection to resources and services, and brief case management.

JFS/MULTIPURPOSE SENIOR SERVICES PROGRAM (MSSP)

12821 Victory Blvd, North Hollywood 91606 323 937-5930
www.jfsla.org/mssp Fax 323 525-1658
Ninoska Fonseca, LMFT Director of Health Care Programs nfonseca@jfsla.org

A non-sectarian case management program to help Frail Seniors to remain at home. MSSP is funded by the State of California. Eligible individuals must be 65 or over, have Medi-Cal, and be certified as nursing home level frailty. MSSP helps coordinate, manage and purchase a package of services to ensure that each individual gets the help he or she needs. We provide health and social assessment, ongoing case management, and advocacy. Services that we can arrange or pay for include in-home care, transportation, escort to doctor appointments, home-delivered meals, respite care, supportive counseling for clients and their families, and supplies and equipment.

JEWISH FAMILY SERVICE OF LOS ANGELES/OLDER ADULTS DMH PROGRAMS

12821 Victory Blvd, North Hollywood 91606

818 432-5025

Fax 818 766-3926

Ninoska Fonseca, LMFT, Director of Health Programs

nfonseca@jfsla.org

Shorena Alexander, LCSW, Clinical Supervisor

salexander@jfsla.org

Provides psychotherapy and psychiatry services to low income adults age 55 and above. Services are provided in the home, at board and care or assisted living facilities, or other community settings. Services are provided in English, Farsi, Russian, and Spanish. Medi-Cal is accepted, and services can also be provided to low income uninsured individuals. FCCS provides treatment to individuals with moderate to severe symptomatology. Other programming is also available to older adults with mild to moderate symptoms.

**JEWISH FAMILY SERVICE OF LOS ANGELES/PICO-ROBERTSON
FAMILY RESOURCE CENTER**

8838 W. Pico Blvd, Los Angeles 90035

310 247-0864

Fax 310 550-8381

Melanie Weiner, LMFT

mweiner@jfsla.org

Jennifer Glazer, LCSW

jglazer@jfsla.org

Counseling, social work intervention, crisis intervention

310-247-0534 x 222

New Moms Connect

Melanie Weiner, LMFT

mweiner@jfsla.org

310 247-0864 x 207

Warmline, family support, counseling, Support and educational groups for mothers at risk for postpartum depression.

JFS Counseling Services

Melanie Weiner, LMFT, Clinical Coordinator bpinson@jfsla.org

310-247-0864 x222

Counseling, social work intervention, crisis intervention.

This JFSLA program offers sliding fee counseling and services with the goal of strengthening individuals, family and community life. Services include counseling, education, advocacy, information & referral, conflict resolution, divorce mediation and EAP services.

JULIA ANN SINGER CENTER(please see Vista Del Mar Outpatient Clinic)

JUMP STREET, Los Angeles

1233 So La Cienega Blvd, LA 90035

Fax 310 855-0138

Haylee Duran, LMFT, Program Director

310-855-0031

Services provided: A short-term 11-bed psychiatric residential treatment facility for chronically mentally ill adults offering crisis resolution, stabilization and transitional programs

K9 CONNECTION (a program of OPCC)

310-264-5424

K9 Connection is an after school program that brings together at-risk teenagers and homeless shelter dogs. The youth provide basic obedience training leading to adoption of the dogs.

KAISER PERMANETE WLA MEDICAL CENTER & HOSPITAL

5981 Venice Blvd, Los Angeles 90034

323 857-2000

KAISER PERMANENTE, DEPT OF PSYCHIATRY, WATERIDGE

5105 W Goldleaf Cir, Los Angeles 90056

323 298-3100

Fax 323 298-3126

Anne Bank, LMFT, Community Liaison

323 298-3171

& 323 298-3125

Full range of Behavioral Health Care services from inpatient, outpatient and day treatment programs to individual and group counseling. Chemical dependency recovery services include individual and group counseling, crisis intervention, day treatment, detox, adult, adolescent and family services. Educational and self-help groups.

KAYNE-ERAS CENTER (See Exceptional Children's Foundation)

KOHAN FOUNDATION COUNSELING CENTER

5601 W. Slauson Ave. #192, Culver City CA 90230

310 968-6648

Bethie Kohanchi, Executive Director, bethie@kohanfoundation.org Fax: 310 873-3315

Founded in 2011, Kohan Foundation is a non-profit counseling center offering individual and group psychotherapy, on a sliding-scale basis, to adults, children (age 5+), adolescents, couples, and families. Off-site visits to schools, drug and alcohol centers, inpatient programs, churches, community centers, and residential care facilities can also be arranged. Areas served include Culver City, Hawthorne, Inglewood, Ladera Heights, Marina Del Rey, Mar Vista, Santa Monica, South LA, Venice, Westchester, West L.A., and the greater LAX area.

Most insurance plans, including MEDI-CAL, are accepted. Counselors speak English, Cantonese, Farsi, Pashto, and Hebrew. Areas of specialty include dual diagnosis, children and

teen therapy, and couples counseling. Our offices are conveniently located on Slauson Blvd., just east of Sepulveda and the 405, near the Westfield Culver City Mall (formerly the Fox Hills Mall).

LATINO RESOURCE ORGANIZATION (LRO)

610 California Ave, Venice 90291 310 578-6069
Joseph A. Soto, MS, Executive Director ext 3 Fax 310 578-0490
info@latinoresource.org

Elena Barajas, Director of Programs ecasarez@latinoresource.org
The agency operates as a community grass-roots resource center for low-income families. Providing various services where families can reach out to secure basic needs, strengthen the family unit, and improve their overall quality of life. Services include Information & Referral; Case Management; Comprehensive Immigration & Naturalization Services; Senior Citizens Social & Health Education Program; and an Environmental Education Program.

LES KELLEY FAMILY HEALTH CENTER (Program of Santa Monica UCLA Medical Center)

1920 Colorado Ave, Santa Monica 90404 310 319-4700
Michelle Bholat, MD, Clinical Director mblohat@mednet.ucla.edu 310 319-4728
Lynn Stephens, RN, FNP, Nurse Manager Fax 310 393-5659
Residency Administration 310 319-4709

The center is the home base of the UCLA Family Medicine Residency Program. This clinic provides services for patients at other agencies in the community which include Venice Family Clinic, Santa Monica College and the Salvation Army. Medi-Cal accepted.

LIFE ADJUSTMENT TEAM

11936 W Jefferson Blvd, Ste B, Culver City 90230 310 572-7000
Doug Linnett, CEO Doug@latla.com ext 33 Fax 310 572-7003

Ken Foxman , Program Director leanne@lifeadjustmentteam.com ext 13
www.lifeadjustmentteam.com

The Life Adjustment Team was established in 1977 as a private psychiatric outpatient care service offering a practical approach to assisting people with mental illness to live independently in the community. The Team offers goal-directed supportive case management with a special emphasis on the Skills Training for Independent Living Programs. Training is provided in a wide range of social and independent living skills, including Illness Education, Money & Medication Management, Job Coaching and Skills Building.

LOS ANGELES CLIENT COALITION

550 S. Vermont Ave., Suite 507, Los Angeles 90020 213 738-2216
www.lacclientcoalition.org
Betty Dandino, Chair edandino@dmh.lacounty.gov 626 688-3601
Pam Inaba, Past Chair

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|---|--|--------------|
| Asian Coalition | | |
| Emily Wu Truong, Chair | miss.emily.wu@gmail.com | 626-823-8662 |
| BLACC Coalition | | |
| Osbee Sangster, Chair | slapp4390@yahoo.com | 323-684-4390 |
| Coalicion de Clientes Latinos de Salud Mental | | |
| David Sanchez, Chair | elxante007@hotmail.com | 323-381-1617 |
| Long Beach Coalition | | |
| Ursula Sims, Chair | ursulasims@yahoo.com | 562-507-4105 |

LOS ANGELES COUNTY PSYCHOLOGICAL ASSOCIATION (LACPA)

17277 Ventura Blvd, Ste 202, Encino 91316 818 905-0410
 www.lapsych.org lacpsych@aol.com Fax 818 906-3845
 Patricia B Fricker, MA, Executive Administrator
 Carol Torcello, Executive Assistant

The LA County Psychological Association (LACPA), founded in 1945, is a chapter of The Calif Psychological Association (CPA), a state association of the American Psychological Association (APA). Its purposes are to advance the science and profession of psychology, to promote human welfare and to inform the public with regard to psychological issues. LACPA serves the community in a variety of ways including the Disaster Response Committee. For more information contact the LACPA office.

LOS ANGELES DEPARTMENT OF AGING

2210 N. Figueroa, Ste 180, Los Angeles, CA 90012
 Toll Free 800-510-2020
 www.LACountyCares.com General phone 213-482-7252
 Email: age.webinfo@lacity.org

Laura Trejo, General Manager
 James Don, Assistant General Manager
 Marco Perez, Deputy Director
 Council on Aging: (213) 482-7252

Our mission: To improve the quality of life, independence, health and dignity of the City’s older population by managing community based senior programs that are comprehensive, coordinated and accessible, and to advocate for the needs of seniors and caregivers. Provides referral to care managers, senior centers, adult day care centers and variety of community services for our seniors and their caregivers.

LOS ANGELES POLICE DEPT-MENTAL ILLNESS PROJECT

Lieutenant Lionel M. Garcia, LAPD, Mental Illness Project Coordinator 213-996-1300

The Mental Illness Project is a co-response model, utilizing specially trained Los Angeles Police Officers and Clinicians from the Los Angeles County Department of Mental Health, who manage incidents involving persons suffering from a mental health crisis. The goal is to minimize violent

encounters with law enforcement and to provide a safe and humane treatment for the most vulnerable members of our society. The Mental Evaluation Unit (MEU) consists of the Triage Desk, the Systemwide Mental Assessment Response Team (SMART), the Case Assessment Management Program (CAMP), and the MEU Training Unit.

LOS ANGELES PUBLIC LIBRARY, WEST L.A. REGIONAL BRANCH

11360 Santa Monica Blvd., Los Angeles 90025
575-8323

310

Alicia Randolph, MLIS, Adult Librarian II arandol@lapl.org

Coordinated a number of information service programs in the interest of the Veteran community and their family members to take place in the library which include Vet-to-Vet, Taming Your Anger with Emotional Intelligence; Personal History (Self-Reflective Therapy) Writing Classes facilitated by LAUSD Instructor for Adult Education as well as published authors; NAMI Family to Family Educational 12 week courses (both in English and Spanish), NAMI Peer-to-Peer Education 10-week course; Wise & Healthy Aging programs that include "A Matter of Balance" (Fall Prevention) and UCLA Memory Training A "Tune-Up" for Your Brain, and others

LOS ANGELES SOCIETY OF CLINICAL PSYCHOLOGISTS (LASCP)

c/o Roland Moses, Ed.D., Representative From LASCP

310 208-3399

Westwood Medical Plaza, 10921 Wilshire Blvd., Ste 513, Los Angeles, 90024

President 2012-13: Bruce Gordon, Ph.D

The Los Angeles Society Of Clinical Psychologists (LASCP), founded in 1950, is one of the oldest clinical psychology organizations in the country. It represents clinical psychologists in private practice, hospitals, clinics, and universities. Its primary function is to foster the role of clinical psychology as an independent profession and serve the community in this process. LASCP pursues this mission by monitoring the changing roles of clinical psychology in the delivery of mental health services and by supporting legislation which protects the consumer and promotes respect for clinical issues relating to cultural, ethnic, and sexual diversity. For information on LASCP's community involvement, contact our Representative to the WMHN, Roland Moses, Ed.D. (see above).

LOS ANGELES UNIFIED SCHOOL DISTRICT – HYDE PARK CLINIC

6519 S. 8TH Ave. #46, Los Angeles 90043 323 750-5167

Nancy Jefferson, Coordinator Nancy.Jefferson@lausd.net

LUPUS HEALTH & WELLNESS FOUNDATION

FightLupus.info LupusWellness@gmail.com

714234-7189

Tara Delgado, MSW – Founder & CEO

Our mission is to promote healthier lifestyles to those affect by lupus and other chronic conditions. We help individuals learn how to effectively manage their symptoms and cope with

their chronic condition through our counseling, nutritional, and holistic services. Our fees are designed with your budget in mind and we are committed to serving those who might not otherwise be able to afford our services. We also accept most insurance. Contact us for a quote and free consultation.

THE MANOR

1905 Pico Blvd, Santa Monica CA 90405

info@TheManorOnline.com

TheManor1905@gmail.com

Stephanie Brown, , Administrator

Terry Santos, Social Services

Office:310 450-1748

Fax: 310 450 8811

Licensed residential care facility with 151 bed capacity that provides quality short, intermediate to long term room, board, care and supervision for seriously mentally ill, and developmentally disabled persons (the latter vendored by Westside Regional Center). Caring staff at The Manor help clients function at optimal levels and facilitate improvement in the quality of their lives. The majority of our residents have lived with us for 15 years or more, some over 30 years.

Ideally located in the community across from Santa Monica College, and minutes from The Promenade and beach, with public transportation at our doorstep. Good access to Edelman Westside Mental Health Center, hospitals and other resources. In-house psychiatric, psychological and medical services. Recreational and leisure activities program. Private (sliding scale) and SSI rates. Interim funding contract with LACDMH.

MAPLE COUNSELING CENTER, THE

9107 Wilshire Blvd, Lower Level, Beverly Hills 90210-5518

www.tmcc.org

Julie Steres Connella, LMFT, Clinical & Program Director jconnella@tmcc.org x218

310 271-9999

Fax 310 247-4910

Non-profit clinic offering psychotherapy for children, adolescents, adults, seniors, singles, couples & families. One-time intake fee, sliding scale thereafter. School-based counseling and Community Circle program. Parent education. Senior Peer Counseling. Bereavement, Women, Gay Men and Mixed Adult psychotherapy groups. Off-site agency-based programs for young children. Psychiatry services available for TMCC psychotherapy clients.

MAR VISTA CENTER, Mar Vista (a program of Didi Hirsch)

12420 Venice Blvd, LA 90066

Lisa Schumacher, LCSW, Program Director, Family Services, SA 5

Paulla Elmore, LMFT, Lead Clinical Supervisor

Fax 310 398-0312

310 751-1200

310-751-1207

Services provided:

FAMILY/CHILD: Individual, family and group therapy using evidenced based practices; treating children/teens with trauma, mental illness, substance abuse or difficulties with life functioning. Special services available for birth to 5 year old children/caregivers, as well as for children who have been recovered after an abduction.

YOUTH SUBSTANCE ABUSE SERVICES: Out-patient prevention and treatment services for youth ages 12-21 who have a substance use disorder or are at risk for a substance use disorder. Services are offered at no cost and insurance is not required.

REBECCA A. MCGUIRE, LCSW - Licensed Clinical Social Worker Lic. # 70020

Private Practice - The Gardens - 2001 Barrington Avenue, Los Angeles, CA 90025 (2 blocks north of Olympic) 310 740-3127

ann7becca@gmail.com or www.rebeccamcguire-lcsw.com

Rebecca McGuire provides an emphatic and safe environment for processing upsetting and confusing events, negative thoughts, feelings, and beliefs, misunderstandings with others, and life stressors, which include anger management, domestic violence, trauma and post-traumatic stress. My years of experience include working with adults, youth, families, and couples, whether in a crisis situation or a desire for personal growth. With understanding, humor and creativity, Rebecca commits to helping you build on your strengths and encourage personal change and growth. Rebecca uses different modes of therapy, including talk therapy, art, music, and mindfulness. Rebecca also has a passion to work with pregnancy and young parents as they begin a new adventure of parenthood.

MENTAL HEALTH ADVOCACY SERVICES, INC.

3255 Wilshire Blvd, Ste 902, Los Angeles 90010 213 389-2077
Jim Preis, Executive Director ext 13 Fax 213 389-2595
jpreis@mhas-la.org

MHAS is a private nonprofit serving adults and children with mental and developmental disabilities with an emphasis on obtaining government benefits and services, protecting rights, and fighting discrimination. In addition, MHAS serves as a resource to the community by training and consulting with consumer and family member groups, government agencies, mental health professionals, school officials, judges and attorneys.

MENTAL HEALTH AMERICA of LOS ANGELES– MHA (Formerly National Mental Health Association of Greater Los Angeles)

100 W. Broadway, Ste. 5010, Long Beach 90802 mailbox@mhala.org Office: 888 242-2522
Fax: 562-263-3395

Dave Pilon, PhD, President & CEO dpilon@mhala.org
Ann Stone, Executive Vice President astone@mhala.org

Founded in 1924, Mental Health America of Los Angeles (MHA) (formerly the National Mental Health Association of Greater Los Angeles) is dedicated to ensuring that all people with mental illness assume their full and rightful place in the community. MHA advocates for quality care for people with mental illness, provides integrated services for adults with serious mental illness in Long Beach and Antelope Valley, and educates about mental illness to increase public awareness and improve access to care. Our Information and Assistance program provides caring, confidential help in English and Spanish to individuals seeking mental health services. MHA

connects families of mentally ill people to NAMI- The Nations Voice on Mental Illness support groups. Project Return Peer Support Network, a countywide self-help network of more than 100 clubs, provides peer support activities.

MENTALHEALTHHOOKUP.COM

877 572-0955

24-hr information & referral services; field-capable licensed clinical social work evaluations available; personalized individualized care plans and/or placement; long-term case management; Ability to work with both public and private sector mental health issues; Assistance with disability applications & Processing and more (see website)

METRO CENTER, Los Angeles (a program of Didi Hirsch)

672 So Lafayette Park Pl, Ste 6, LA 90057

Fax 213 380-8923

Oscar Gonzales, LCSW, Assistant Program Director Family Services SA 4 213 381-3626

Services provided:

FAMILY/CHILD: Individual and family counseling for children, private counseling, and CalWORKs. Parenting classes, medication management and case management. Outpatient services for children & families; CalWORKS mental health services.

MID VALLEY OUTPATIENT (a program of Social Model Recovery System)

4610 Santa Anita Ave., Unit D, El Monte 91731 626-453-3414 Fax. 626-453-3431

Garett Staley, Program Director garett@socialmodel.com

An Outpatient Program that provides aftercare for our residential sites for individuals with substance use issues, co-occurring disorders and those from the community who are not in need of residential care. They work with multiple housing resources around the community to provide safe, sober housing to individuals who require housing.

MILDRED CURSH FOUNDATION

610 California Ave, Venice 90291

310 428-0276

www.mildredcurshfoundation.com

Ms. Antoinette Reynolds. Executive Director.

2nd and 4th Thursday food distribution

Cal Fresh Outreach Coordinator available for signup up for Cal Fresh EBT.

2nd Location: 685 Westminster Ave., Venice 90291

Work Source services by appointment: 310 428-0276

Summer and Schol year after school program 3:00 pm – 6:00 pm

Reynolds and Texas Mental Health Service Private Practice. MFTI Register with the BBS.

Supervised by Bryce Malek PsyD. Licensed Supervisor. Services include: Individual Sessions and Group Therapy. Sliding Scale.

310 428-0276

Website: Healinglifetoday.com

323 350-0844

DEPT OF MILITARY & VETERANS AFFAIRS

2615 S. Grand Ave., Suite 100, Los Angeles 90007

877-4-LAVETS

Robert Saxon rsaxon@mva.lacounty.gov

877-452-8387
213 744-4826
Fax: 213 744-4444

Veterans Services:

Interview and counsel clients on the availability of veteran's benefits and services.
Develop, file, monitor and appeal claims on behalf of clients.
Verification of veterans benefits for Federal, State and local agencies.
Process applications for California Dependents Educational Fee Waivers for dependents of service disabled / deceased veterans.
Participate in community events pertaining to veterans, i.e. care days, stand downs, job fairs, etc.

What We Offer:

We can provide information and assistance with the following Department of Veterans Affairs benefits. Compensation for service connected disabled veterans. Pension for non-service connected disabled veterans. Life insurance. Cemeteries and burial (including indigent burials). Benefits for surviving spouse and children. Medical care. Educational / vocational rehabilitation benefits. VA / CAL-VET home loan guaranty programs. State of California dependents college fee waiver program. Other related benefits

MONETARY ADVISORY PROGRAM (MAP) (a program of St. Joseph Center)

Erin McGinnis, LMFT, Director of Programs emcginnis@stjosephctr.org x333
Liza Avetikova, MFTI Program Manager lavetikova@stjosephctr.org
x309

'MAP' provides representative payee services to adults with persistent mental illness who are homeless or at risk of becoming homeless including field services for Adults & Older Adults

ROLAND MOSES, EdD, (Private Practice)

10921 Wilshire Blvd., Suite 513, Westwood, LA 90024 310 208-3399
RolandGMoses@msn.com website: www.DrRolandMoses.com

SAAC5 Delegate to MHSA Stakeholder process.
Representative to the Westside Mental Health Network for the Los Angeles County Society Of Clinical Psychologists
Licensed Psychologist, Diplomate in Clinical Psychology, American Board of Professional Psychology. Former professor-Columbia University.

Individual, couple, and family practice in the treatment of anxiety, depression, sexual difficulties, addictions, crisis counseling, educational, and career counseling.

NAMI WESTSIDE LA AFFILIATE

941 Westwood Blvd., Suite 236, Los Angeles 90024 310 889-7200

Referral phone line - Mon-Thursday 10:00 am to 5:00 pm Email: info@namila.org

Joe Conrad, President president@namila.org

Sharon Dunas, President Emeritus ssdunas@aol.com

For class or program information and registration, please go to our website: www.namila.org

We offer FREE Support groups and education classes for:

- parents or caregivers of school age children having mental health issues
- family members or caregivers of adults with mental illness
- individuals with a diagnosis of mental illness

All classes and support groups are offered in both English and Spanish.

NAMI (National Office) -The Nation's Voice on Mental Illness

Colonial Place Three, 2107 Wilson Blvd, Ste 300, Arlington, VA 22201-3042

www.nami.org

703 524-7600

1 800 950-NAMI

Fax 703 524-9094

NAMI-California (Calif Office)

1111 Howe Ave, Ste 475, Sacramento, CA 95825

916 567-0163

Fax 916 567-1757

NATIONAL MENTAL HEALTH ASSOCIATION (See Mental Health America of Los Angeles)

NEIGHBORHOOD YOUTH ASSOCIATION (NYA)

NYA Mar Vista Learning Center

3877 Grandview Blvd, Los Angeles 90066

310 390-6641

Dawn Miralle, Site Manager dmiralle@nyayouth.org Fax 310 391-1948

NYA Administrative Offices

1016 Pleasant View Avenue, Venice 90291

310 664-8893

Fax: 310-664-8792

Amanda MacLennan, Executive Director amaclennan@nyayouth.org

Assists a concentrated number of Mar Vista/Venice youth (ages 2-18) from at risk families in Mar Vista/Venice, with the Personal Best Program - the goal that every child complete high school and go on to post-secondary education. Homework assistance, tutoring, workshops in career planning, math, writing, science, arts; individual, group and family counseling as needed.

NESS COUNSELING CENTER

8512 Whitworth Dr, Los Angeles 90035

310 360-8512

www.thenesscenter.org

Fax 310 360-8510

Dennis Brown, Executive Director

dbrown@thenesscenter.org

Ari Brown, Administrator

abrown@thenesscenter.org

Providing substance abuse, domestic violence, Batterers/Anger Management and mental health

services. Drug diversion, testing, assessments. Parenting groups, paternity testing, monitored visitation and child exchange. Family, couples, marriage and individual counseling. Individual counseling and parenting classes in Spanish. Victims groups. State certified drug/ alcohol program & sex offenders/child abuse groups. Accept Drug MEDI-CAL & sliding scale.

NEW CENTER FOR PSYCHOANALYSIS

2014 Sawtelle Boulevard
Los Angeles 90025

Website: N-C-P.org

Co-Executive Directors:

Cecilia Peck, Extension: 18 ceciliap@n-c-p.org

Patricia Wright, Extension: 16 patw@n-c-p.org

Psychoanalytic Training Program (PhD and PsyD Options)

Two-year Certificated Program in Psychoanalytic Psychotherapy

Continuing Education for Mental Health Professionals

310 478-6541

Fax 310 477-5968

info@n-c-p.org

NEW DIRECTIONS for VETERANS

310 914-4045

11303 Wilshire Boulevard, VA Building 116, Los Angeles, CA 90073

www.ndvets.org Mailing Address: PO Box 25536, 11420 Santa Monica Boulevard

Los Angeles, CA 90025

President/CEO, Colonel Yvette Kelley, Ext. 135, YKelley@ndvets.org

Chief Program Officer, Dr. Susan Michael, Ext. 130, SMichael@ndvets.org

Chief Strategy Officer, Milo Peinemann, Ext. 103, MPeinemann@ndvets.org

Director of Housing-Vacant

SSFV Program Manager, Candace Baker, Ext. 127, CBaker@ndvets.org

Director of Clinical Services, Matthew Rohr, Ext 131, MRohr@ndvets.org

Outreach and Intake – 310 914-5966

New Directions for Veterans is a veteran provider in Greater Los Angeles County offering an array of services for veterans and their families. New Directions for Veterans supports Transitional Housing programs and Permanent Supportive Housing developments throughout the Greater Los Angeles area for homeless veterans. NDVets also provides assistance to veterans and their families in the community who are at risk of homelessness. NDVets services include veteran mental health services, case management, substance use disorder treatment; employment placement, housing placement, job training, legal services, and life skills training. NDVets serves all veterans regardless of discharge status and works with Veterans Courts local and State jurisdictions.

Veterans Opportunity Center Building 116 WLA VA

Corporate Offices

130-bed Transitional housing for males

Bridge to Housing shelter program

Support Services for Veterans and their Families SSVF

Veteran Opportunity Center North Building 257 WLA VA

50-Bed Transitional Housing Program for males, specifically Co-occurring disorder

Oasis for Women

14-Transitional Housing program for females only

New Directions Permanent Supportive Housing

New Directions Sepulveda 147 units

Beswick Senior Apartments 40 units

El Monte Veterans Village 40 units

Glendale Veterans Village 40 units

OCEAN PSYCHOLOGICAL SERVICES

1448 15th St, Ste 203, Santa Monica 90404

310 451-2107

Sue Henderson, LCSW Press #1

Fax 310 451-9665

William Wallace, PhD Press #2

The services we offer include: Outpatient Counseling, Medication Management, Day Treatment Services for Adults and Youth; Child and Adolescent Services; Family/Caregiver Support, Residential Services, Therapeutic Foster Care, Outreach Services, Ocean Academy, a Therapeutic School

OF ONE MIND - Innovative Behavioral Health, Addiction, Educational & Supervised Housing Alternatives

2001 So Barrington Ave, Ste 300, West Los Angeles 90025 ext 100 310 479-9065

www.ofonemind.net

Fax 310 268-1200

Richard B Cohen, LMFT, CCBT, CDVC, MAC President richard@ofonemind.net – ext 100

Of One Mind Behavioral Health, Addiction, Educational & Supervised Housing Alternatives offers intensive outpatient treatment programs for teens & young adults contending with psychological and/or substance abuse and technology addiction issues. Our programs are tailored to fit each individual's needs. Groups are psychotherapeutic, didactic, & experiential, focusing on specific contemporary issues such as self-esteem, anger management, expressive communication, conflict resolution, assertiveness training & relapse prevention. Programs include group psychotherapy, individual therapy, & multi-family group therapy. Of One Mind offers supervised housing options for young adults who can no longer live at home, but are not yet ready to live out on their own. Of One Mind also sponsors "The Parent Network" - an ongoing series of free parenting seminars for parents of teens & young adults held Wednesday evenings from 7-9pm. Please check out www.ofonemind.net for the schedule.

OMNI CENTER (a program of Social Model Recovery System)

3430 Cogswell Road, El Monte 91732

626-453-3400

Fax. 626-453-3410

Andrew Peckich, Program Director andrewp@socialmodel.com

A 12 step based, long term residential treatment program for men who have alcohol and other drug use problems.

Low cost shelter for homeless individuals with mental health problems. 12 bed supportive housing for those who have completed a 12 month residential program. Low cost rent. Provide case management.

OPCC (now merged with Lamp under name of The People Concern) see listing under The People Concern

OPEN PATHS COUNSELING CENTER

5731 W. Slauson Avenue, Suite 175, Culver City 90230 310 258-9677
Sierra Smith, Executive Director Voice Mail 310 258-9737
Zari Hedagat, Clinical Director 310 258-9737
Kendall Evans, Domestic Violence Project Manager 310-409-3859
Spanish Speaking Clients 310 967-6090
Domestic Violence services English 310-691-4455
Spanish 310-854-4327
www.openpaths.org openpaths@earthlink.net Fax 310 258-9650

Counseling and psychotherapy services for a fee the client can afford. We serve a range of clients (different ages & ethnicities) and provide individual, couple, family, child, adolescent and group modalities and parenting education groups. Probation approved services for Domestic Violence. Women's Domestic Violence Survivors Group is also available in addition to other support groups. A Training program for MFT interns is also offered. Counseling is provided at local elementary schools and anger management training & creative writing workshops at Venice High. Not a Medi-Cal provider. Spanish speaking counselors available.

ORANGE COUNTY CENTER, Santa Ana (a program of Didi Hirsch)

2000 East 4th St. Suite 110, Santa Ana, CA 92705 Fax 714 547-8352
Jacquelyn Rivera, LCSW, Program Coordinator 714 547-8562
Services provided: Multi-lingual 24 hour, 7 days a week, suicide prevention hotline services, individual support counseling and group for those who have lost a loved one to suicide, as well as outreach and training to the community of Orange County.

OUR HOUSE GRIEF SUPPORT CENTER

West Los Angeles [1663 Sawtelle Blvd., #300, L.A. 90025](http://1663SawtelleBlvd.com) 310-473-1511
Fax: 310-473-1515
Valley Office 21860 Burbank Blvd., Ste 195 Woodland Hills 91367 818 222-3344
Grace Davis – Administrative Assistant: grace@ourhouse-grief.org
Michele F. Prince, LCSW, MAJCS, Executive Director ext 212
Lauren Schneider, LCSW, Clinical Director of Child & Adolescent Programs ext 211
Fredda Wasserman, MA, MPH, LMFT, CT Clinical Director of Adult Programs
and Education ext 216
Randi Wolfson, MA, LMFT, Adult Program Coordinator, Valley office. ext 350
Debbie Weisberg, MA, MFT, Child and Adolescent Program Coordinator- Valley ext 351
Lenna Lebovich, MA.School Program Coordinator ext 215
www.ourhouse-grief.org email: ourhouse@ourhouse-grief.org

Provides compassionate support in a safe, warm environment for children, adolescents and adults, who have experienced the death of someone close. All groups are appropriate to age and

relationship. **OUR HOUSE** provides grief support groups in local school districts and offers an Education program for medical students, clergy students, educators, businesses, and mental health professionals. The agency is available for professional and community education and support. Camp Erin- bereavement camp for children aged 7-17

PACIFIC ASIAN COUNSELING SERVICES

| | |
|--|--|
| www.pacsla.org | 310 337-1550 |
| 8616 La Tijera Blvd, Ste 200, Los Angeles 90045 | FAX 310 337-2805 |
| Long Beach Office | 562-424-1886 |
| San Fernando Valley Office | 818-989-9214 |
| Mariko Kahn, MFT, Executive Director | mkahn@pacsla.org |
| Michi Okano, LCSW, Clinical Director | mokano@pacsla.org |
| Lisa Jones, LCSW, Child & Adult Services Division Head | ljones@pacsla.org |
| Casey Huynh, LMFT, Intensive Services Division Head | chuynh@pacsla.org |

PACS enriches the lives of children and families through counseling and caring. We offer services to all ethnic groups and provide culturally sensitive and language specific services with expertise in the immigrant Asian Pacific Islander populations. Psychiatric consultation and medication support for ongoing clients, school related concerns such as disruptive classroom behavior, ADHD, etc; co-occurring substance abuse and mental health issues, trauma recovery grief and bereavement issues, improving interpersonal communication, bridging the cultural and generational gap in families, conflict resolution, adjusting to situational stress from divorce, job loss, relocation, etc. Case Management Services and linkage to community resources, assistance in enrolling in public insurance programs. We provide Prevention and Early Intervention services utilizing evidence based practices including MAP, TF-CBT, Seeking Safety, CPP, and Family Connections.

We provide supportive mental health services, case management, and employment services to CalWORKS participants and work collaboratively with the DPSS GAIN workers.

We provide intensive mental health services through Full Service Partnership Services for Asian and Pacific Islander children and adults and Full Service Partnership for adults. Our AOT program offers intensive mental health services to those individuals who have not been compliant with treatment. The multi lingual staff provide services in English and diverse Asian Pacific languages including Japanese, Korean, Cantonese Chinese, Tagalog, Vietnamese, Khmer, and Spanish. We accept Medi-Cal.

THE PAINTED BRAIN

5980 W. Pico Blvd., LA 90035 <http://www.paintedbrain.org>
David Leon, Director thepaintedbrain@gmail.com 626-354-1584

The Painted Brain creates lasting community-based solutions to mental health challenges and the

impact of social injustice through arts, advocacy, and enterprise. The project uses the arts as a community building tool. We run art groups and offer speakers bureau talks around the Los Angeles mental health system and have an extensive day program of arts and creative activities in our space in the neighborhood of Mid City. Visit our website for further information and please check out our calendar on our website:

<https://paintedbrain.org/#!November2017CalendarPB>.

Our in-house groups are free and participants do not need to bring your own materials. We also host public events such as open mics, gallery shows, and concerts. To join our newsletter, send an email to david@paintedbrain.org, subject: 'newsletter.' If you have questions, call the director, Dave Leon, LCSW, at 626-354-1584..

PASADENA COUNCIL ON ALCOHOLISM AND DRUG DEPENDENCE (a program of Social Model Recovery System)

1245 E. Walnut St., Suite 117, Pasadena 91106 626-795-9127 Fax.626-795-0979

Felipe Kaiser, Program Director felipek@socialmodel.com

An Outpatient Program that provides aftercare for our residential sites for individuals with substance use issues, co-occurring disorders, and those from the community who are not in need of residential care. They work with multiple housing resources around the community to provide safe, sober housing to individuals who require housing. Their services include mental health, co-occurring, and substance use services.

PATIENTS' RIGHTS

550 S. Vermont Avenue, Room 608, Los Angeles 90020

Beneficiary Services

ACCESS Program

800 700-9996

213 738-4888

213 738-4949

800 854-7771

PEOPLE ASSISTING THE HOMELESS (P.A.T.H.)

Central Facility: 340 North Madison Avenue, Los Angeles, CA 90004

West LA Facility: 2346 Cotner Ave, Los Angeles 90064-1804 Admin 310-996-0124

Anna Topolewski , Executive Director annat@pathventures.org Fax 310 996-0232

Haley Fuselier, LCSW, Director of Programs WLA HaleyF@ePath.org

PATH is a family of agencies working together to end homelessness for individuals, families, and communities throughout California. We strive to do this by prioritizing housing while providing customized supportive services for people in need. Our agencies each address the homelessness issue in a different way—supportive services, permanent housing development, support for homeless families, and community engagement—all of which ultimately help the people we serve make it home.

The Cotner site is a harm reduction facility for veterans. An outreach team reaches out to the homeless throughout SA 5.

PEOPLE CONCERN (see The People Concern)

PEPPERDINE MALIBU CAMPUS, COUNSELING CENTER

24255 Pacific Coast Hwy, Malibu 90263

310 506-4210

Fax: 310 506-7993

<http://www.pepperdine.edu/counselingcenter/> student.counselingcenter@pepperdine.edu

Connie B. Horton, PhD, Psychologist, Director connie.horton@pepperdine.edu

Nivla Y. Fitzpatrick, PhD, Psychologist, Associate Director/Training Director

Robert Scholz, MA, Assistant Director Alcohol and other Drug Education Coordinator, Licensed Marriage and Family Therapist

Dave Christy, MFT Counselor, Staff Therapist

Shelle Welty, PsyD Psychologist

Steve Sager, MD, Consulting Psychiatrist

Provides individual, conjoint, group therapy psychotherapy for Pepperdine students

PEPPERDINE UNIVERSITY PSYCHOLOGICAL & EDUCATIONAL CLINIC

6100 Center Drive, Los Angeles, CA 90045

310 568-5752

Aaron Aviera, PhD, Clinic Director aaron.aviera@pepperdine.edu 310 568-2341

Fax 310 568-2342

Provides psychotherapy for individuals, couples and family members of all ages. Educational therapy for learning difficulties and play therapy for children. Psychological assessments for personal, vocational or school needs. Hrs: 9am-8pm M-F. Telephone first. Sliding scale down to \$15; No Medi-Cal.

PHOENIX HOUSE

503 Ocean Front Walk, Venice 90291

310 392-3070 x 4901

Akilah Templeton, Director atempleton@phoenixhouse.org Fax 310 392-9068

Non-profit short-term residential treatment facility. This facility provides a continuum of care to substance abusers. Our residential program has a 53-bed capacity and its duration is 6 months. The population is adult male residence. The primary services provided are: individual/group counseling, recreational therapy, lifeskills training & behavior modification. On site 12-step meetings are provided and encouraged as part of our comprehensive drug treatment program. On site random drug testing is also included. The outpatient component provides the same services with emphasis on mainstreaming, problem solving techniques, social skills, support systems, and occupational maintenance.

PLANNED PARENTHOOD of Los Angeles (Santa Monica Ctr)

1316 3rd St Promenade, Rm 201 Santa Monica 90401

800 576-5544

Cynthia Otanez, Supervisor

planparenthood.org

Fax 213 284-3366

San Gabriel Vly

909 620-4268

Emergency & Spanish Speaking Line

800 328-2826

PORTALS (a Division of Pacific Clinics)

679 S. New Hampshire Ave., 4th Floor, Los Angeles, CA 90015

| | | |
|--|------------------|--------------|
| Reception desk | Fax 213-385-9246 | 213-639-2500 |
| Diane Schultheis, Divisional Assistant, dschultheis@pacificclinics.org | | 213-639-2561 |
| Victoria Onwualu, LCSW, Divisional Director, vonwualu@pacificclinics.org | | 213-639-0230 |
| Greg Swift, LMFT, Associate Divisional Director, gswift@pacificclinics.org | | 213 639-2681 |
| <u>Program Directors -</u> | | |
| Sharareh Ghedari, LMFT, sghedari@pacificclinics.org | | 323-290-4374 |
| -Mariposa Clubhouse, Field Capable Clinical Services – SA4 | | |
| - Community Connections Wellness – SA6 | | |
| Yolanda Lewis, LMFT, Yjackson-lewis@pacificclinics.org | | 213 639-2677 |
| -CalWORKs/CLP, FSP Older Adult-SA4, FSP-TAY-SA4, FCCS-OA-SA4 and OA-PEI-SA4 | | |
| Chu Kim Thornburg , LCSW ckim-thornburgh@pacificclinics.org | | 213 639-0276 |
| -FSP-SA4, FCCS, AB109 | | |
| Edna Mercorios, Psy.D., EMercorios@pacificclinics.org | | 323-290-4352 |
| -FSP-Adult-SA6, FSP-Older Adult-SA6, OA-PEI-SA6 and TAY-SA6 | | |

Please call for information on program or services 877-PCCARES
877-722-2737

Portals Services and Programs

Victoria Onwualu, LCSW, Division Director (VOnwualu@pacificclinics.org) 213-639-0230

The following programs –

SA-4 (FSP, FCCS, CBS, AB109, OAPEI, Mariposa Clubhouse Wellness Center) are based at
679 S. New Hampshire Ave. 4th Floor, Los Angeles, CA 90005 213-639-0299
 Fax 213-388-2816

SA-6 (FSP-Adult, FSP-OA, TAY, OAPEI, Community Connections Clubhouse/Wellness Center) are based at
3881 S. Western Ave., Los Angeles, 90062 323-290-4340

Full Service Partnership (FSP) Programs for Adults –

ADULTS (Service Area 4 and Service Area 6)

Services are focused on addressing the specific needs of each focal population and include mental health services as well as housing services, employment and medication treatment for co-occurring mental health. Also available are peer support and health navigation assistance.

(FSP-Adults-SA4)

Chu Kim Thornburgh, LCSW, Program Director (c-imthornburgh@pacificclinics.org) 213-639-0276

(FSP-Adults-SA6)

Edna Mercorios, Psy.D., Program Director (EMercorios@pacificclinics.org) 323-290-4352

OLDER ADULTS–(Service Area 4 & Service Area 6);

(FSP-OA-SA4, OA-PEI)

Yolanda Lewis, LMFT, Program Director YJackson-Lewis@pacificclinics.org 213-639-2677

(FSP-OA-SA6, OA-PEI)

Edna Mercurios, Psy.D., Program Director (EMercurios@pacificclinics.org) 323-290-4352

Field Capable Clinical Services (FCCS) Program (Service Area 4)

Offers a wide array of field-based services for mentally ill adults ages 21 to 59, including members who are homeless, isolated or home-bound.

Chu Kim Thornburgh, LCSW, Program Director (c-imthornburgh@pacificclinics.org) 213-639-0276

AB 109 Program (Service Area 4)

The goal of this program is to help people released from prison live successfully in the community, achieve their personal recovery goals, and avoid re-incarceration or unnecessary psychiatric hospitalization.

Chu Kim Thornburgh, LCSW, Program Director (c-imthornburgh@pacificclinics.org) 213-639-0276

TRANSITIONAL AGE YOUTH (TAY) (Service Area 4) 213 639-0203

679 S. New Hampshire Ave., 4th Floor, Los Angeles, CA 90005 213 639-2677

Yolanda Lewis, LMFT, Program Director YJackson-Lewis@pacificclinics.org
Fax 213 386-1069

TRANSITIONAL AGE YOUTH (TAY) (Service Area 6) 323 290-4352

3881 S. Western Ave., Los Angeles, 90062 213 639-2677

Edna Mercurios, Psy.D., Program Director (EMercurios@pacificclinics.org) 323-290-4352

Participants in this program are young adults, age 18 through 26, many of whom have recently left the foster care system but are not ready for independent living due to a diagnosable mental illness. Professionally trained social workers and counselors help these young adults stabilize their emotional and living status and acquire the life skills needed to become self-sufficient. This program also offers a supportive residence for eligible TAY members.

PORTALS CalWORKs (Service Area 4)

679 S. New Hampshire Ave., 4th Floor, Los Angeles, CA 90005 213 639-2677

Yolanda Lewis, LMFT, Program Director YJackson-Lewis@pacificclinics.org
Fax 213 386-1069

This program provides mental health services to welfare-to-work participants who have been identified as having mental health barriers that may inhibit them from reaching their employment goals and leaving the welfare system successfully. Members receive individual and group counseling, medication support, and life skills development in addition to vocational and employment services.

WELLNESS CENTERS

• **Mariposa Clubhouse**, (Service Area 4)

679 S. New Hampshire Ave., 4th Floor, Los Angeles, CA 90005 213 639-2677

Sharareh Ghedari, LMFT, Program Director (SGhedari@pacificclinics.org) 323 290-4374

Fax: 213 389-1987

• **Community Connections Clubhouse**, (Service Area 6)

3881 S. Western Ave., Los Angeles, 90062
Sharareh Ghedari, LMFT, Program Director (SGhedari@pacificclinics.org) 323 290-4374

The clubhouses offer outpatient mental health services for adults with a primary focus on group and individual counseling, recovery meetings, psychiatric consultation, medication monitoring, employment services and social skill building.

Co-occurring Treatment

Sharareh Ghedari, LMFT, Program Director (SGhedari@pacificclinics.org) 323 290-4374
Fax: 213 389-1987

Outpatient services assist persons experiencing problems in their lives related to their substance use, such as dysfunctional relationships, poor performance with school or work, legal issues, health issues, housing and more.

PROJECT RETURN PEER SUPPORT NETWORK (PRPSN)

Main Office: 6055 E. Washington Blvd., Suite 900, Commerce, CA 90040
Office phone: (323) 346-0960 ext. 210 Fax: (323)346-0966; www.prpsn.org
Executive Director Guyton Colantuono

El Centrito de Apoyo/Un Paso Mas:

2677 Zoe Ave, Huntington Park, 90255 323 312-0640

Hacienda of Hope/The Hope Well:

2241 W. Williams St., Long Beach, CA 90810

Bill's Corner:

440 E. 9th St., Long Beach, CA 90813

Project Return is a peer-run self-help organization with over 100 groups in Los Angeles County. *Project Return Peer Support Network (PRPSN)* promotes wellness, personal growth and self-determination for people who have experienced mental illness by providing social opportunities, education, and community involvement. We believe in diversity, acceptance, advocacy and empowerment while encouraging people to transform their lives. Our program reduces stigma and fosters greater independence through community integration and advocacy. With groups in every DMH service area, PRPSN offers a network of opportunities for peer support. We operate two Spanish language centers, El Centrito de Apoyo and Un Paso Mas in Huntington Park. We also have a drop in center in Long Beach on Fridays and Saturdays called Bill's Corner. We have a respite house in Long Beach called Hacienda of Hope and a referral services case management program called The Hope Well, also in Long Beach. In addition, our Warm Line can provide callers with peer support and referrals to services or organizations that are of interest, such as healthcare facilities both physical and mental, family planning, shelters, self-help and support groups and much more.

PROVIDENCE SAINT JOHN'S CHILD AND FAMILY DEVELOPMENT CENTER

1339 20th St, Santa Monica 90404

Main 310 829-8921

| | | |
|--|-----|--|
| | Fax | 310 829-8455 |
| | TTY | 310 829-8528 |
| Rebecca R. Refuerzo, LCSW, Executive Director | | 310 829-8555 |
| | | rebecca.refuerzo@providence.org |
| Ruth Cañas, LCSW, Director of Outpatient Services | | 310 829-8711 |
| | | ruth.canas@providence.org |
| Michela Anderson, LCSW, Director of Professional Development | | 310 829-8690 |
| | | michela.anderson@providence.org |
| Sharon Greene, LCSW, Director of Social Work Education | | 310 829 8805 |
| | | sharon.greene@providence.org |
| Olga Tuller, Ph.D., Director of Psychology Intern Training | | 310 829-8708 |
| | | olga.tuller@providence.org |

Comprehensive range of outpatient (including community, home & school based) mental health services, case management, and community outreach services for children and young adults (age 18-24) and their families who may be struggling with various issues including behavioral, emotional and/or social challenges; Birth to 5 mental health services for the young child and Specialized Adult Services which are limited to specific populations. Mental Health interventions include diagnostic assessment, individual/family therapy, psychological and psychiatric evaluations and medication management as needed. Specialized programs include the Therapeutic Preschool which provides day treatment services; and Adult Services which are limited to Mental Health Services for Developmentally Disabled individuals.

PROVIDENCE SAINT JOHN'S HOSPITAL AND HEALTH CENTER

2121 Santa Monica Boulevard, Santa Monica 90404 310 829-5511

PROTECTION AND ADVOCACY, INC. (see DISABILITY RIGHTS CALIFORNIA)

PROTOTYPES ADMINISTRATIVE OFFICES

1000 N Alameda Street, STE., 390, Los Angeles, CA 90012 213 542-3838
213 542-3853

Programs for women covering substance abuse, domestic violence, housing, HIV/AIDS, mental health. Call for specifics.

RECOVERY INTERNATIONAL

Local: 13219-G Fiji Way, Marina del Rey 90292-7072 General Information Line 310 322-6411

Celinda Jungheim celindajungheim@gmail.com 310 306-6766

Cell 310-339-8091

www.recoveryinternational.org Fax 310 306-2996

For Spanish language Recovery Intl. meetings call Mary Ellen at 310 328-2866

International Headquarters: 1415 W. 22nd St., Tower Floor, Oak Brook IL 60523 866-221-0302

Self-help cognitive behavioral training developed by Abraham Low, MD **Recovery International** and **RI-Discovery** groups are an adjunct to professional care. At weekly group meetings people learn techniques to help manage their nervous symptoms, fears and anger. Meetings throughout the community. **The Power to Change** is a facilitated group for schools, veterans and corrections. Call for meeting list or access meeting information on the website. Free Demonstrations are available to agencies upon request. No required fee. Donations requested at meetings.

REGIONAL CENTER

See Westside Regional Center 310 258-4000
5901 Green Valley Circle, Ste 320, Culver City 90230-6949 Fax 310 649-2033

REHABILITATION (State Dept of Rehabilitation)

See State Dept of Rehab

**THE REISS-DAVIS CHILD STUDY CENTER and JULIA ANN SINGER CENTER
OUTPATIENT CLINIC AT VISTA DEL MAR CHILD** (see Vista Del Mar)

RIVER COMMUNITY (A program of Social Model Recovery System)

23701 East Fork Road, Azusa 91702 626-250-3300 Fax. 626-910-1380
Debra Schaich, Program Director debras@socialmodel.com
Paul Lambert, Clinical Coordinator paul@socialmodel.com

A residential facility for individuals who have mental health issues and substance use issues (co-occurring disorders). River Community is a long-term recovery program, 12 step based, utilizing other evidence based practices for improvement of the lives of those in need of residential care.

RIVER COMMUNITY COVINA (A program of Social Model Recovery System)

510 S. Second Ave., Covina 91723 626-974-8122 Fax. 626-974-8198
Dawn Dades, Program Director dawnd@socialmodel.com

An Outpatient Program providing aftercare for our residential sites for individuals with co-occurring disorders and those from the community who are not in need of residential care. They work with multiple housing resources around the community to provide safe, sober housing to individuals who require housing.

Wellness Program provides long term wellness service to individuals who are looking to return to work, school, or other activities.

ROBERT F KENNEDY MEDICAL CENTER (RFK)

See Kennedy Medical Center 310 973-1711
4500 W 116th St, Hawthorne 90250-2296 Fax 310 219-3725

S. MARK TAPER FOUNDATION CENTER, Los Angeles (a program of Didi Hirsch)

1328 W Manchester Ave, LA 90044

Fax 323 778-0028

Lily Fowler, LCSW, Program Director, Family Services, SA 6

323 778-9593

Services provided: Individual and family counseling for children, private counseling, and CalWORKs. Parenting classes, medication management and case management. Outpatient services for children & families; CalWORKS mental health services.

SAFE HAVEN (a program of OPCC)

1751 Cloverfield Blvd., SM 90404

310 883-1222

Safe Haven provides outreach, interim housing, permanent housing services, mental health services, healthcare, benefits assistance, substance abuse interventions and life skills services to chronically homeless, mentally ill adults with physical illnesses/disabilities or substance addiction.

SAFE PLACE FOR YOUTH (S.P.Y)

2469 Lincoln Blvd., Venice 90291

www.safeplaceforyouth.org

310.902.2283

Executive Director: Alison Hurst

alison@safeplaceforyouth.org

310.753.3776

Director of Programs: Bari Goldojarb

barig@safeplaceforyouth.org

424.272.8567

Drop In Hours: Tuesday, Wednesday, & Thursday, 1:00 to 5:00 pm

Street Outreach: Monday 2:00 – 3:30 pm; Thursday & Friday 11:00 am – 12:30 pm

Office Hours: Monday-Friday 10:00-5:00 (*by appointment only*)

Safe Place for Youth's mission is to inspire, nurture, and empower the resilient human spirit of homeless youth by providing immediate and lasting solutions, one young person at a time. S.P.Y. prioritizes low barrier services; harm-reduction; a trauma-informed approach; and the provision of a safe, supportive environment for young people ages 12 - 25 years old.

Services Provided:

Safe Place for Youth (S.P.Y.) provides four core areas of service provision:

1. *Street Outreach*, 2. *Drop-In Center*, 3. *Case Management*, & 4. *Education/Employment*.

Street Outreach teams engage young adults on the Venice boardwalk and surrounding areas Mondays 2:00 – 3:30pm; Thursdays and Fridays 11am – 12.30pm. Outreach teams build relationships while providing basic survival items including food packs, hygiene products, socks, sunscreen, first aid, and condoms, while also assisting with referrals to medical care, showers, shelter, and S.P.Y. services.

Drop-In Center provides a safe space where young people can access food, clothing, showers, hygiene products, Internet, mail and phone services, bus tokens, backpacks, sleeping bags, referrals to housing and community services, return home travel, as well as counseling, legal clinic, health and dental screenings, Medi-Cal registration, HIV testing, educational groups, pregnant and parenting workshops, art, writing, yoga, mindfulness, and music groups.

Case Management is offered to young adults at S.P.Y.'s Drop-In Center and during Street Outreach. Our case management is centered in harm reduction and individualized care, assisting young adults to meet self- identified needs, connecting youth to community services and providing support and follow-up while valuing the youths' strengths and resiliency. S.P.Y. has a

dedicated pregnant and parenting case manager working with young adults who are expecting a child or are currently parents.

Education and Employment services are available to young adults who attend S.P.Y.'s Drop-In Center. An on-site Education and Employment Specialist helps young people navigate their educational pursuits, employment prospects, and career development needs. 5 Keys Charter School is set to co-locate at S.P.Y. in January 2017 so to support young adults pursuing their GED, HiSET, or earn their high school diploma in a self-paced, individualized curriculum. Resume development, job search, interview preparation and skills based workshops strengthen and advance each person's path towards self-sufficiency.

SPA 5 Youth Coordinated Entry System (CES) Regional Coordination:

S.P.Y. also serves as the Youth CES Regional Coordinator for SPA 5, working with all providers serving young people experiencing homelessness and housing instability. S.P.Y. seeks to support these providers by ensuring equitable access to information and resources, and utilization of standardized assessment and matching tools.

SAINT JOHN'S CHILD AND FAMILY DEVELOPMENT CENTER (see Providence Saint John's Child & Family Development Center)

SAINT JOHN'S HOSPITAL AND HEALTH CENTER (see Providence Saint John's Child & Family Development Center)

2121 Santa Monica Boulevard, Santa Monica 90404

310 829-5511

ST JOSEPH CENTER

Administrative Offices: **204 Hampton Drive, Venice 90291** (*all programs at this address except where indicated otherwise*)

phone 310 396-6468

fax 310 392-8402

Va Lecia Adams, PhD, Chief Executive Officer vadams@stjosephctr.org x 304

Erin McGinnis, LMFT, V.P. of Programs emcginnis@stjosephctr.org x 333

Yoriko Nishi, LMFT, Lead Clinical Supervisor ynishi@stjosephctr.org x 350

St. Joseph Center assists more than 6,000 homeless and low-income individuals and families through comprehensive case management and a variety of supportive services each year.

REPRESENTATIVE PAYEE & MONEY MANAGEMENT SERVICES

St. Joseph Center provides representative payee services, case management, money management assistance and financial literacy classes to adults and Veterans impacted by mental illness, disabilities and/or substance abuse.

Monetary Advisory Program (MAP)

Erin McGinnis, LMFT, Director of Programs emcginnis@stjosephctr.org x333

Liza Avetikova, MFTI Program Manager lavetikova@stjosephctr.org x309

‘MAP’ provides representative payee services to adults with persistent mental illness who are homeless or at risk of becoming homeless including field services for Adults & Older Adults

Veterans Representative Payee Program (VRPP)

11301 Wilshire Blvd, Building 257, WLA VA Medical Center 90073

fax 310 268-4115

Michael Brady

mbrady@stjosephctr.org

310 478-3711 x48362

fax 310 268-4115

VRPP provides representative payee services to disabled Veterans who are homeless or at risk of becoming homeless

FAMILY SERVICES

St. Joseph Center Family Services include a food pantry, case management, educational programs, job training, childcare, other support services to low income adults and their families and a specialty mental health program through INNOVATIONS for the underserved Latino population.

ANIMO!

Melissa Guerrero, LMFT

mguerrero@stjosephctr.org

x319

ANIMO! provides traditional and non-traditional mental, medical, psychiatric & mental health services provided to Latino families who may or may not be insured, and, who may be isolated due to language barriers (mono-lingual). This model utilizes a Promotore and culturally sensitive activities to engage an otherwise underserved population.

Family Source Center & Food Pantry

Felipe Ramirez, Food Pantry Program Manager

framirez@stjosephctr.org

x348

The Family Source Program and Food Pantry serves working poor families and individuals with case management, groceries, emergency services, educational workshops, recreational opportunities that build family cohesion, and enrichment activities for youth ages 6-17.

Early Learning Center

Elma Dalton, Program Manager

edalton@stjosephctr.org

x358

Dual Immersion classrooms provide both native English and Spanish-speaking children with the chance to become bilingual early in life through play, art, music and performance.

Culinary Training Program

Natalie Romero, Program Manager

nromero@stjosephctr.org

x354

The Culinary Training Program educates unemployed adults in food service and life skills and provides job placement services in the culinary field upon completion of the program.

HOMELESS SERVICES

St Joseph Center services for homeless individuals and families include the Homeless Service Center, Bread & Roses Café and the Senior Service Program

Homeless Service Center

404 Lincoln Blvd., Venice 90291

Michael Brady mbrady@stjosephctr.org

310 399-6878, **x401**

The Homeless Service Center provides outreach, emergency services, referrals to shelter, medical and mental health treatment, housing and other social services, as well as ongoing case management to homeless individuals including those impacted by mental illness.

IMHT-FSP

Mandy Sommers, LMFT,

msommers@stjosephctr.org

310 309-6001

Rachel Giles, ASW, Program Manager rgiles@stjosephctr.org

The IMHT provides field medical, psychiatric and mental health services to homeless clients identified through the coordinated entry system as being the most vulnerable. The program provides housing vouchers to eligible clients, allowing a street to housing approach.

Senior Service Program

Liza Avetikova

lavetikova@stjosephctr.org

x307

The Senior Service Program provides field capable clinical services to older adults impacted by mental illness as well as Prevention & Early Intervention (PEI). In addition, the program provides case management to at-risk housed older adults, with an emphasis on eviction-prevention services and housing placement.

Affordable Housing Programs

Nancy Peraza, Program Manager

nperaza@stjosephctr.org

x314

These programs assist homeless families and individuals who qualify for government subsidized or other affordable housing.

Bread & Roses Café`

Each day, up to 150 homeless men, women and children eat at Bread and Roses. In place of a soup line, guests are provided with the ambience of a restaurant in which volunteers act as waiters while diners eat a meal set at tables replete with tablecloths and fresh flowers. Homeless clients may access Bread & Roses Café through the Homeless Service Center.

SALVATION ARMY – Haven - WLA VA location closed. www.salvationarmy-socal.org

SAMOSHEL & TURNING POINT INTERIM HOUSING (programs of OPCC)

SAMOSHEL: 505 Olympic Blvd., SM 90404

310 450-4050

Turning Point: 1447 16th St., SM 90404

310 828-6717

Both SAMOSHEL and Turning Point provide interim housing and supportive services for

homeless men and women. Services include: permanent housing services, mental healthcare, medical care, benefits assistance, substance abuse interventions and life skills programs.

SANTA MONICA COLLEGE - DISABLED STUDENT CENTER (SMC-DSC)

1900 Pico Blvd, Santa Monica 90405 310 434-4265
Nathalie Laille, Coordinator Fax 310 434-4272
Georgia Farber, farber georgia@smc.edu 310-434-4795
Lisette Rabinow-Palley [Rabinow-Palley Lisette@SMC.Edu](mailto:Rabinow-Palley_Lisette@SMC.Edu) 310 434-4070

Primary goal is to integrate disabled students into all campus programs and activities, so that students can function independently in college. Services are based on individual needs and include academic advisement, personal counseling, and special classes. Students may call or come by to schedule counseling appointments and learn more about our services.

SANTA MONICA COLLEGE CENTER FOR WELLNESS & WELLBEING (FORMERLY PSYCHOLOGICAL SERVICES)

1900 Pico Blvd, Santa Monica 90405 Liberal Arts Building: LA – Room110 310 434-4503
Alison Brown, Ph.D., Coordinator brown_alison@smc.edu
Brief individual therapy and crisis intervention for Santa Monica College students.

SANTA MONICA-UCLA MEDICAL CENTER (formerly Santa Monica Hospital)

1250 16th St, Santa Monica 90404 310 319-4000
Psychotherapy Dept 310 319-4888
LES KELLEY FAMILY HEALTH CENTER 310 319-4700
1920 Colorado Ave, Santa Monica 90404 Fax 310 393-5659
Michelle Bholat, MD, Clinical Director mblohat@mednet.ucla.edu 310 319-4728
Lynn Stephens, RN, FNP, Nurse Manager
Residency Administration 310 319-4709

The center is the home base of the UCLA Family Medicine Residency Program. This clinic provides services for patients at other agencies in the community which include Venice Family Clinic, Santa Monica College and the Salvation Army. Medi-Cal accepted.

SANTA MONICA POLICE DEPARTMENT (SMPD)

333 Olympic Dr, Santa Monica, CA 90401 310 458-8491
Chief Jacqueline Seabrooks
Homeless Liaison Program 310 458-8953

Provides law enforcement services and proactive crime prevention outreach programs.

SANTA MONICA PUBLIC LIBRARY - REFERENCE DEPT/INFORMATION & REFERRAL SERVICE smpl.org

601 Santa Monica Blvd, Santa Monica 90401 310 458-8600
Reference Librarian 310 458-6980
Serving the community with literature and information in all formats (books, magazines,

newspapers, films, recordings, pamphlets, etc.) including information about social services.

SATURDAY CENTER FOR PSYCHOTHERAPY

3201 Wilshire Blvd, Ste 201, Santa Monica 90403 310 829-7997
E-mail. info@SaturdayCenter.org Fax. 310 829-7868
Bruce Brodie, Ph.D., Executive Director: 310 315-2778
Monica Farassat, Psy.D., Director of Admissions: 310 453-7010
Sue Frankel, Ph.D. , Director of Education 310 474-1160

Founded in 1982, the center serves individuals, couples, and families. Our orientation is long-term psychodynamic with clinical attention paid to both the interactions between the therapist/client and the present/past experiences of the client. We also work with persons in crisis and those who have specific short term goals. Clients are seen immediately, with appointments 6 days and 5 evenings a week. Our sliding scale fees start at \$125 and slide down according to income with a \$50 fee for the initial appointment. Our training program for therapists focuses on advanced psychodynamic work with the client with a specific focus on attending to the process occurring between therapist and client. Therapists are trained to recognize and making use of the therapist's countertransference. Therapists are encouraged to continue working with their clients upon completion of our 2 year training program. The training program is conducted in a private practice setting with the goal of preparing the trainee for work in private practice.

SCHOOL ON WHEELS INC. TUTORING THE HOMELESS CHILDREN SINCE 1993

P.O. Box 23371 Ventura, CA 93002 805 641-1678
www.schoolonwheels.org
Monica Marshall, Office Manager mmarshall@schoolonwheels.org

Toll Free Number: 800 923-1100

School on Wheels Inc. is a non-profit organization that provides one-on-one tutoring educational assistance to homeless children, from kindergarten through twelfth grade.

SERVICE AREA ADVISORY COMMITTEE 5 (SAAC 5)

c/o DMH WLA Administration Office, 11303 W. Washington Blvd., Suite 200, LA 90066
Karen Macedonio, Co-Chair karen@binahunlimited.com Cell 213 445-5875
Penny Mehra, Co-Chair pmehra@alcottcenter.org 310 785-2121 x202
Jacquelyn Wilcoxon, District Chief/SA 5 jwilcoxen@dmh.lacounty.gov 310 482-6601

The SAAC's are community groups established by the Dept of Mental Health, whose purpose is to advise on mental health issues. There are 8 SAAC's in Los Angeles County. SAAC 5 covers the geographic area of Malibu to south of LAX, the ocean to La Cienega Blvd. Meetings are held on the 4th Tuesday of each month (except June and December) from 3:00 to 5:00 pm. Anyone interested is welcome to attend. Meetings are generally held at the DMH WLA Administration Office, 11303 W. Washington Blvd., 2nd Floor Conf. Room, LA 90066

SEVEN GENERATIONS CHILD & FAMILY SERVICES

1125 W. 6TH St., Suite 103, Los Angeles 90017

Seven_generations@hotmail.com

Culturally appropriate mental health and support services organized into a coordinated network in order to meet the unique clinical and functional needs of American Indian/Alaska Native children, youth and families. They also offer the Red Pages resource directory for American Indian/Alaska Natives in Los Angeles County.

SHARE! the Self-Help And Recovery Exchange

SHARE! Culver City, 6666 Green Valley Circle Culver City CA 90230 310 846-5270

SHARE! Downtown, 425 S. Broadway Los Angeles 90013 213 213-0100

www.shareselfhelp.org Toll-Free Housing Referrals 1 877 SHARE-49

Self-help support group referrals (310) 305-8878

Fax 310 846-5278

Ruth Hollman, Executive Director ruth@shareselfhelp.org

Jason Robison, Program Director jason@shareselfhelp.org

Libby Hartigan, Director of Training and Quality Assurance libby@shareselfhelp.org

Self-help Support Group Clearinghouse for Los Angeles County Countywide referrals to 12,000 self-help meetings representing 750 different life issues. Our information is updated monthly.

SHARE! Self-Help Centers SHARE! operates self-help centers that provide meeting space for self-help support groups of all kinds ranging from anger management, depression, self-esteem, communications and relationships, incest survivors, alcoholics, drug addicts, smoking, reaching goals, etc. Meetings pay a percentage of their donations so that there is no rent pressure and it is easy to start a new meeting. Each meeting room is furnished like a living room, with the exception of our writing room, which has a conference table and chairs. We provide space for sober dances, self-help marathon meetings and conferences.

SHARE! Culver City has six meeting rooms where approximately 85 self-help support groups meet each week.

SHARE! Downtown has five meeting rooms with 55 self-help support group meetings each week.

SHARE! Rapid Recovery helps each person design and access recovery tools for whatever issues they would like to work on. SHARE! Rapid Recovery uses SAMHSA's Eight Dimensions of Wellness with a checklist of recovery goals. People use the checklists to identify things they

want to work on. SHARE! then links them to the self-help support groups and other tools to help each person realize their personal recovery goals.

SHARE! Recovery Retreat in Monterey Park provides a home away from home for up to two weeks filled with intensive recovery activities, including self-help support groups, independent living skills, conflict resolution and paths to achieving goals. People learn in a homey environment, living together as a family with every participant being part of the shared leadership of the house.

SHARE! Collaborative Housing is a public-private partnership to provide affordable, permanent, supportive housing to disabled people. Disabled residents share a bedroom in a house with a roommate of their choice. The owner furnishes the house, pays for all the utilities, does not collect a Security Deposit and joins an owners association that regularly inspects the houses to ensure quality. The sponsoring government or other organization provides referrals to the house, responds to any tenant problems in a timely manner, visits regularly to help with residents needs and insures that the house is properly run. Residents attend weekly self-help support groups, help with neighborhood projects and provide support for other residents. Community groups provide mentors for gardening and cooking and help with problems that pop up. For more information, call [1-877-SHARE-49](tel:1-877-SHARE-49) (toll-free) or [\(310\) 846-5271](tel:310-846-5271) today! Housing referrals are made from 1 to 3 pm weekdays by phone, or walk in to SHARE! Culver City or SHARE! Downtown for a referral in person.

Volunteer-to-Job Program that gives anyone a meaningful job at SHARE! no matter how limited their skills or debilitating their symptoms. SHARE! trains and encourages our Volunteer-to-Jobs participants until they develop the skills and confidence to obtain an unsubsidized job either at SHARE! or in the community.

Technical assistance for new and ongoing self-help support groups. We can help with formation, meeting content, format, publicity, problems and finding meeting space.

Open literature policy SHARE! accepts any and all materials for distribution at our centers.

Volunteer opportunities for ordinary people or for those doing court-ordered community service. We accept all volunteers even those with limited skills or felony convictions.

SHARE! is a project of the Emotional Health Association, a California non-profit 501(c) (3) corporation.

SIMMS/MANN HEALTH AND WELLNESS CENTER (PROGRAM of Venice Family Clinic)

2509 Pico Blvd, Rm 325 & 320, Santa Monica 90405

310 998-3203

Maxine Liggins, MD, Area Medical Director

Fax 310 315-0909

Dr. Jan King, MPH, Area Health Officer

Carrie Brown, SPA Administrator

Dee Warren, RN, Nurse Manager

Physical health, mostly treat STD's/communicable diseases

SLEEP STATIONS: SUPPORTING HOMELESS LIFE LEADING TO ENABLED RECOVERY)

Randy Walburger, rwshelters@verizon.net 310-828-9328
1930 Stewart Street, X-12, Santa Monica, CA 90404

HOPEMAKINGCHANGE.ORG/SLEEP STATIONS

Using Sleep Stations is a safety first concept that will provide the homeless with safe overnight sleep linked to caseworker support. Sleep Stations provide a nights rest for 10-12 people per site. Each site consists of comfortable private sleeping modules. Each person has a spacious private lockbox. Each site includes two toilets, a shower/dressing room module, a sink/drinking fountain and faucet and a 20'x10' locking steel container for day storage. People get safe wholesome sleep, a shower and their possessions can be secured all day. The site is open at night around 9pm when guests arrive together as a group until about 8am when the group leaves by group transport. The site is vacant during the day so it can be cleaned and refurbished. During the day the area around the site can also be used for other purposes not related to overnight shelter.

County Mental Health Services will administrate. LAHSA will sanction its caseworker agencies to operate the program. The sites are approximately 550-600 sq.ft. and can be located on industrial space, buildings or other suitable land that is used during the day but not at night. An on-site Manager keeps the Sleep Station secure while the guests are present. Lights and a safety camera reassure clients and deter unwanted behavior. This can be a transitional first step off the street for many chronic homeless people who refuse group shelter or who have timed out at existing shelters. After stabilization a person is more likely to work effectively with a caseworker.

Contact me for a Sleep Station presentation to your group. Safety first should be the baseline of homeless support.

S.M.A.R.T. (Program of Los Angeles Police Dept)

100 West First Street Los Angeles, CA 90012 213-996-1343

Charles Lennon, Program Supervisor clennon@dmh.lacounty.gov Fax
213 996-1350

Program Headquarters 550 So Vermont Ave, LA 90020
213 738-4431

A program of LAPD working with LAC-MH. Covers LA City only. Fax 213 738-3106

SOCIAL SECURITY ADMINISTRATION

1122 W Washington Blvd #201, Los Angeles 800 772-1213

ssa.gov

Serving WLA and surrounding cities, including zip codes 90024, 25, 49, 64, 66, 73, and 90077.

SOBER LIVING NETWORK

PO Box 5235, Santa Monica 90409 310 396-5270

Jeff Christensen, Project Director Fax 310 584 4540

E-mail: soberhousing@earthlink.net soberhousing.net

Referrals for LA, Orange, Riverside, San Bernardino *and San Diego Co* 800 799-2084
Sober living homes are affordable, alcohol and drug free *recovery support* housing providing positive environments that facilitate peer group recovery support. Sober housing promotes individual recovery by providing healthy and sober environments that allow residents to develop individual recovery programs and become self supporting. Coalitions meet monthly and Member homes are peer reviewed by coalition members to meet the Coalition's health, safety and management *requirements*.

SOCIAL MODEL RECOVERY SYSTEM

223 E. Rowland St., Covina 91723 626-332-3145 Fax. 626-974-4164
Jim O'Connell, Chief Executive Officer jimo@socialmodel.com
Bruce Boardman, Senior Director of Adult Services bruceb@socialmodel.com
Mike Schaub, Director of Outreach mikes@socialmodel.com
Margaret Edwards, Director of Education and Training margarete@socialmodel.com

A non-profit agency providing multiple treatment, recovery, prevention, education, and wellness in Los Angeles and Orange Counties.

River Community

23701 East Fork Road, Azusa 91702 626-250-3300 Fax. 626-910-1380
Debra Schaich, Program Director debras@socialmodel.com
Paul Lambert, Clinical Coordinator paul@socialmodel.com

A residential facility for individuals who have mental health issues and substance use issues (co-occurring disorders). River Community is a long-term recovery program, 12 step based, utilizing other evidence based practices for improvement of the lives of those in need of residential care.

River Community Covina

510 S. Second Ave., Covina 91723 626-974-8122 Fax. 626-974-8198
Dawn Dades, Program Director dawnd@socialmodel.com

An Outpatient Program providing aftercare for our residential sites for individuals with co-occurring disorders and those from the community who are not in need of residential care. They work with multiple housing resources around the community to provide safe, sober housing to individuals who require housing.

Wellness Program provides long term wellness service to individuals who are looking to return to work, school, or other activities.

Pasadena Council on Alcoholism and Drug Dependence

1245 E. Walnut St., Suite 117, Pasadena 91106 626-795-9127 Fax.626-795-0979
Felipe Kaiser, Program Director felipek@socialmodel.com

An Outpatient Program that provides aftercare for our residential sites for individuals with substance use issues, co-occurring disorders, and those from the community who are not in need of residential care. They work with multiple housing resources around the community to provide safe, sober housing to individuals who require housing. Their services include mental health, co-occurring, and substance use services.

Touchstones

PO Box 849, Orange 92856 714-639-5542 Fax. 714-639-5037

Patti Ochoa, Program Director patio@socialmodel.com

A 12 step based, long term residential treatment program for adolescents and teens that have alcohol and other drug use problems.

Mariposa

453 S. Indiana St., Los Angeles 90063 323-266-7725 Fax. 323-266-7742

Melanie Gil, Program Director mgil@mvrecovery.org

A 12 step based, long term residential treatment program for women and women with children, who have alcohol and other drug use problems.

Omni Center

3430 Cogswell Road, El Monte 91732 626-453-3400 Fax. 626-453-3410

Andrew Peckich, Program Director apecckich@mvrecovery.org

A 12 step based, long term residential treatment program for men who have alcohol and other drug use problems.

Low cost shelter for homeless individuals with mental health problems.

Mid Valley Outpatient

4610 Santa Anita Ave., Unit D, El Monte 91731 626-453-3414 Fax. 626-453-3431

Garett Staley, Program Director garett@socialmodel.com

An Outpatient Program that provides aftercare for our residential sites for individuals with substance use issues, co-occurring disorders and those from the community who are not in need of residential care. They work with multiple housing resources around the community to provide safe, sober housing to individuals who require housing.

SOCIAL SCIENCE CONSULTING (see ACCENT ON WELLNESS PSYCHOLOGY ASSOCIATES, INC.)

SOJOURN SERVICES FOR BATTERED WOMEN & THEIR CHILDREN

(a program of OPCC)

310 264-6646 X228

1453 16th St, SM 90404

Hot Line: 310 264-6644

Sojourn serves victims of domestic violence and offers a full range of services including a 24-hour hotline, crisis shelter, second stage shelter, court advocacy, legal assistance and a comprehensive children's program.

SOUTHERN CALIFORNIA HOSPITAL AT CULVER CITY

3828 Delmas Terrace, Culver City 90232 310 836-7000
Behavioral Health 310 202-4793/818 824 9990
Behavioral Health Fax 310 202-4129/818 530-0515
Chemical Dependency (Miracles Detox) 310 840- 7020/323 945-2905

Chemical Dependency Fax 310 840-7063
Intensive Outpatient 310 815-3145
Intensive Outpatient Fax 310 815-3159
Liaison: Julia Berkowitz 323 945-2905

Adult Mental Health Programs featuring: Acute Inpatient Psychiatric Services, Medi-Cal Contracts, 24 hour intake, and Intensive Outpatient Psychiatric Program. Adult Chemical Dependency Services featuring: Inpatient, Day Treatment & Evening Outpatient. Intensive Out Patient, 24 hour emergency room, 5150 services, acute rehab, OB. Also takes private insurance, HMO and PPO.

SOUTHERN CALIFORNIA PSYCHIATRIC SOCIETY

2999 Overland Ave, Ste 208, Los Angeles 90064 310 815-3650
scps2999@earthlink.net Fax 310 815-3653

SCPS is a comprehensive medical association with a professional agenda:
To advocate for quality patient care
To enhance your professional development through continuing education
To protect your professional interests
To create a collegial network where you can work on special interests with like minds, sharing insights leading to positive action
To provide a forum for the development of your professional leadership capabilities at Council, regional, committee, state and national levels
To allow you, through organized action, to determine what is strategically important and work towards desired professional outcomes
To provide timely information and response on critical issues

SOVA COMMUNITY FOOD & RESOURCE PROGRAM (Jewish Family Service of Los Angeles)

16439 Vanowen Street, Van Nuys 91406 818 988-7682
Email: sova@jfsla.org Fax: 818 988-7683
Director: Fred Summers fsummers@jfsla.org
Client Services Manager: Lynda Alter lalter@jfsla.org
Valley Pantry 16439 Vanowen St, Van Nuys CA 91406 818-988-7682
Sunday 9:00 am - 12:00 noon
(Open every Sunday except holiday weekends)
Monday 10:00 am - 1:30 pm
Tuesday 10:00 am - 1:30 pm
Wednesday 10:00 am - 1:30 pm

Thursday 10:00 am - 1:30 pm
West Pantry 8846 W. Pico Blvd., Los Angeles 90035 310-288-0286
Sunday 9:00 am - 12:00 noon
(Open every Sunday except holiday weekends)
Monday 10:00 am - 1:30 pm
Tuesday 10:00 am - 1:30 pm
Wednesday 10:00 am - 1:30 pm
Thursday 10:00 am – 1:30 pm

Services:

Provides a 5 day supply of groceries once a month for each eligible household member, and provides groceries twice a month for people who are homeless. Comprehensive services are provided on site, such as: Information and referrals for homeless services, employment, housing, medical, mental health, substance abuse & other needs; professional counseling and case management by JFS social workers; vocational, legal and homeless services; food stamp and MediCal enrollment by DPSS. Services available in Spanish, Russian, Farsi, and Hebrew. New clients are advised to arrive by the time the pantry first opens in the morning in order to register as a new participant and receive the complete program orientation.

SOVEREIGN HEALTH GROUP (Substance Abuse and/or Mental Health treatment)

Call anytime for a confidential assessment and admission information:

Business Development/Outreach Representative: Marla Corburn 310-428-0190

m.corburn@sovhealth.com

Locations: Culver City, San Clemente, Palm Springs, CA, also Arizona, Texas and Florida.

Services: Sovereign Health is Joint Commission Accredited and Dually Licensed to treat Primary Mental Health with or without a Substance Use Disorder. **We offer all levels of care from Licensed Detox, Residential, Partial Hospitalization and Intensive Outpatient Programs with Supportive Housing for Adults.** Sovereign provides evidence-based treatment in a safe, comfortable, non-hospital setting for a variety of mental health disorders including depression, anxiety disorders, PTSD, OCD, bipolar disorder, schizophrenia, schizoaffective disorder, and borderline personality disorder. Sovereign Health is a resource and solution for psychiatric hospitals, psychiatrists, medical doctors, therapists, and families with a patient or a loved one who needs a structured and clinically-based residential program for the treatment of, and recovery from existing mental health conditions.

- **We work with most Private Insurances (PPO, EPO and HMO)** and are able to devise a financial plan that works for each patient.
- We offer a **Foundations scholarship program** for clients who have no insurance and no Medicaid, MediCal or Medicare.
- We provide an experienced Admissions Representative who will work closely with the referent, potential patient and family to develop a rapport and create a sense of trust and safety during the process.
- We provide transportation.

Upon discharge, if requested, we will schedule an appointment for your client to return to your care to continue the treatment plan. We believe that a full continuum of care is required to make

a solid recovery. Eating disorder program available in San Clemente, CA. and Adolescent program in San Diego, CA.

S.P.Y. (see Safe Place for Youth)

STATE DEPT of REHABILITATION

www.dor.ca.gov

6125 Washington Blvd., Suite 200
Culver City, CA 90232-7458

310 559-6140

STEP UP ON SECOND, INC.

1328 Second Street, Santa Monica 90401

310-394-6889

www.stepuponsecond.org info@stepuponsecond.org

Fax 310 394-6883

Our Mission: Step Up delivers compassionate support to people experiencing serious mental illness to help them recover, stabilize and reintegrate into the community. Through dynamic partnerships, we provide positive social and learning environments, vocational training, permanent supportive housing opportunities, and recovery services to empower individual to cultivate lives of hope and dignity. We exercise innovative leadership and advocacy to increase public undemanding, support and acceptance of all people living with mental illness.

Tod Lipka, President and CEO

ext 1626

tod@stepuponsecond.org

Barbara Bloom, LCSW, Chief Operations Officer

ext 1624

barbara@stepuponsecond.org

Open Monday through Friday from 8:30 a.m.-5:00 p.m., Step Up on Second offers a day recovery client run center with recovery, social and educational groups; advocacy; homeless supports; job and vocational training; DMH Mental Health Services such as mental health, case management, medication support; and permanent supported housing programs to adults diagnosed with serious mental illness. Specialized Programs include – LACDMH Full Service Partnership (FSP) and Assisted Outpatient Program (AOT), Medication and Therapeutic Supports (TRP), DOR Employment Training and Job Placement Program, and City of Santa Monica Homeless Support Programs. Step Up on Second, Step Up on 5th, Step Up on Colorado and Daniel’s Village are 4 of our permanent supported housing projects located in Santa Monica. Step Up on Vine, Michael’s Village and The Tammy are located in Hollywood. Step Up has expanded its services to Orange, San Bernardino and Riverside Counties. See county directories for more information.

CLIENT RUN CENTER AND VOCATIONAL SERVICES AND FRESH START MARKET

Mini Market and Fresh Food Grill- open to the public, providing vocational training opportunities

Amy Stone, Chief Vocational Services Officer

ext 1619

amy@stepuponsecond.org

Len Lovallo, Director of Vocational and Client

ext 1650

len@stepuponsecond.org

Run Services

Lance Moore, MA, Member Services/Intakes

ext 1653

lance@stepuponsecond.org

DMH ADULT FSP, AOT, RRR (FCCS) AND MEDICATION SUPPORT SERVICES (SA 5)

David Tavlin, VP Clinical Programs

ext 1232

david.t@stepuponsecond.org

Golena Akhteh, LMFT, Director Clinical Programs, Service Area 5 ext 1622 tmoldin@stepuponsecond.org
 Annette Hester, LVN, Director Medication Support and Nursing Services ext 1425 annette@stepuponsecond.org

PERMANENT SUPPORTIVE HOUSING and LIFE SKILLS PROGRAMS

Aaron Criswell, MA, VP of Supportive Services ext 1515 aaron@stepuponsecond.org
 Mark Melvin, ACSW, Director of Supportive Services SA 4 & 5 ext 1632 mmelvin@stepuponsecond.org

DANIEL'S PLACE - A program of Step Up on Second
1619 Santa Monica Blvd, Santa Monica, CA 90404

310 392-5855 Fax 310 453-4817
www.danielsplace.org dp@stepuponsecond.org

- Drop-in and resource center for homeless and non-homeless Transition Age Youth (TAY) up to age 28 experiencing early symptoms of, or diagnosed with a mental illness. Daily support and peer mentoring; robust and engaging group activity schedule; general community assistance and case management; linkage to additional mental health services at DP. Low barrier environment; access to shower and laundry services; support groups; CES and advocacy will be provided.
- Family NAMI support by Family Peer Advocate. Community presentations, education and outreach available.
- Intakes, Recovery, Resilience and Reintegration, Peer and Clinical Services, Groups and Family Support, Drop In
- **TAY Full Service Partnership (FSP) and Recovery, Resilience and Reintegration (RRR) at Daniel's** Specialized comprehensive clinic and field based mental health and case management services for TAY **18-28 years of age**, funded by MHSA LACDMH. Community, family and institutional referrals accepted.
- **SEIPS – Supported Employment for Youth Programs**

| Daniel's Place - | HOURS OF OPERATION: | |
|--------------------------|---------------------------|---|
| MONDAY | 7:30 am to 4:00 pm | BY APPOINTMENT ONLY. (NO DROP IN SERVICES) |
| TUESDAY TO FRIDAY | 10:00 am to 7:00pm | Hot Meal for Homeless Youth Served at 5:00 pm |
| SATURDAY | 9:30 am to 5:30 pm | Hot Meal for Homeless Youth Served at 1:00 pm |
| SUNDAY | 9:00 am to 1:00 pm | Hot Meal for Homeless Youth Served at 11:00 am |

DANIEL'S PLACE PROGRAM STAFF **EXT** **EMAIL**
 Maria Jeffery, LCSW Program Manager x 1721 mjeffery@stepuponsecond.org
 Kyle McCurdy, LCSW, Lead Service Coordinator III x 1711 kmccurdy@stepuponsecond.org

Shelley Hoffman, Parent/Family Advocate NAMI x 1718 shelley@stepuponsecond.org

STEP UP ON SECOND – FCCS PLUS Program (SA5)

FSP and Recovery, Resilience and Reintegration (RRR) Adult and TAY. Specialized comprehensive, clinic and field based mental health, medications support and case management services funded by MHSA LACDMH. Community, family and institutional referrals accepted
3435 Ocean Park Blvd, Suite 207, Santa Monica, CA 90405 (310) 392-9474

Golena Akhteh, LMFT, Director of Clinical Programs Service Area 5 x 1424 golena@stepuponsecond.org
Fax (310) 392-7341
Jai Long, MFTI, Lead Service Coordinator X1430 jai@stepuponsecond.org

STEP UP ON SECOND – HOLLYWOOD HOMELESS SERVICES PROGRAMS (SA 4)
6762 Lexington Ave, Hollywood, CA 90038 (323) 380-7590 fax (323) 380-7591

FSP and RRR/FCCS Adults and TAY and Youth Demonstration Project TAY
TAY and Adult Intensive Field Based Services – Full Service Partnerships

SEIPS – Supported Employment for Youth Programs

David Tavlin, VP Clinical Programs X 1232 david.t@stepuponsecond.org
Emily James, LCSW Director Clinical Programs Service Area 4 x 1332 emily@stepuponsecond.org

HOPe4 and WEHO MIT- Homeless FSP and Housing Support for SA 4 and The City of West Hollywood

Jill Drenth, LCSW Program Manager x 1352 jill@stepuponsecond.org
Clifford Roberts, LCSW, Lead SC III WEHO MIT x1343 clifford@stepuponsecond.org

DHS – ICM

Mark Melvin, ACSW Director of Supportive Services SA 4 and 5 x1331 mmelvin@stepuponsecond.org

STEP UP VETERANS HOUSING PROGRAM and SSVF for Veterans

(HUD VASH and Supportive Services for Veteran Families)

933 North La Brea Ave, Los Angeles, CA 90038

Office: Phone: 323-499-2650

Marc van Asselt, LCSW Director of Veterans Services x2101 marc@stepuponsecond.org
Rebecca Ricci, LMFT, Program Manager HUD VASH x2109 rricci@stepuponsecond.org

SUBSTANCE ABUSE PREVENTION AND CONTROL 1000 So Fremont Ave,
Build A9 East, 3rd Flr, Alhambra 91803 626 299-4135

Lydia Becerra, Public Relations lybecerra@ph.lacounty.gov 626-299-4142
Wesley L. Ford, M.A.,M.P.H., Director 626 299-4595
Fax 626 458-7637

| | |
|---|------------------|
| Debra R. Stewart, Secretary | 626 299-4135 |
| Wayne K. Sugita, Chief Deputy Director | 626 299-4571 |
| | Fax 626 458-7763 |
| Linda Dryer, Director, Community Program Services | 626 299-4189 |
| | Fax 626 458-6823 |
| Leo Busa, Director, Financial and Administrative Services | 626 299-4152 |
| | Fax 626 299-7227 |
| David Hoang, Director Information Systems | 626 299-4545 |
| | Fax 626 299-7227 |
| Alcohol and Drug Program Administration | Fax 626 458-7637 |
| John Viernes Jr., Chief Deputy Director | 626 299-4571 |
| Alcohol and Drug Program Administration | Fax 626 458-7763 |
| Susan Maki, Director | 626 299-4185 |
| Personnel Services | Fax 626 299-7228 |
| Dorothy De Leon | 626 299-4532 |
| Contract Management and quality Assurance | Fax 626 299-7226 |
| Referral Hotline: | 800 564-6600 |
| John Estrella, Duty Officer | |

SUICIDE PREVENTION CTR & BEREAVEMENT SERVICES (a program of Didi Hirsch) spcdh@didihirsch.org

| | | |
|--|------------------------|--------------|
| | 24 Hour Crisis Hotline | 877 727-4747 |
| Patricia Speelman, LMFT, Division Director | | 310 895-2300 |
| Rick Mogil, Program Director, Prevention and Bereavement Services | | 310-895-2326 |
| <i>Services provided:</i> 24-hour Suicide Prevention Center hotline, crisis intervention and response, Survivors after Suicide, and Suicide Response Team. | | |
| Attempt Survivor groups – Patricia Speelman, LMFT | | 310 895-2300 |

SUSAN B. KREVOY EATING DISORDERS PROGRAM at Wright Institute Los Angeles
See listing under Wright Institute

BONNIE TAUBER, Psy.D. (Private Practice) 310 393-5222
610 Santa Monica Blvd., Suite 222, Santa Monica 90401 Fax 310 393-5111
Psych4LA@aol.com

Licensed Clinical Psychologist specializing in working with teenagers and adults with a wide range of disorders, utilizing a heart-centered approach and cognitive behavioral focus.

THE PEOPLE CONCERN (OPCC and Lamp Community) 1453 16th Street, Santa Monica 90404 Admin 310-264-6646
www.opcc.net Fax 310-264-6647
John Maceri, Executive Director jmaceri@opcc.net **ext 229**

OPCC is the largest provider of comprehensive social services on the Westside of Los Angeles County, providing housing services, mental health treatment, medical care, benefits assistance, substance abuse treatment, domestic violence services and a broad range of life skills and basic living support services. OPCC clients include low-income and homeless youth and adults; people dealing with mental illness, physical illness, disabilities or substance abuse; and battered women and their children.

Access Center 310 450-4050
503 Olympic Blvd. SM 90404

The Access Center is home to OPCC's outreach and street medicine teams and serves as the primary entry point for homeless and no income men, women and families. The Access Center provides mental health services, medical care, case management, benefits assistance and a broad range of engagement and basic living services (including meals, clothing, mail service, showers, laundry and lockers).

Daybreak 310 450-0650
1751 Cloverfield Blvd., SM 90404

Daybreak provides a range of services to homeless, mentally ill women. Services include outreach and engagement, mental healthcare, medical care, benefits assistance, substance abuse treatment, domestic violence services, life skills groups, and interim and permanent housing services.

Safe Haven 310 883-1222
1751 Cloverfield Blvd., SM 90404

Safe Haven provides outreach, interim housing, permanent housing services, mental health services, healthcare, benefits assistance, substance abuse interventions and life skills services to chronically homeless, mentally ill adults with physical illnesses/disabilities or substance addiction.

Interim Housing (SAMOSHEL & Turning Point)
SAMOSHEL: 505 Olympic Blvd., SM 90404 310 450-4050
Turning Point: 1447 16th St., SM 90404 310 828-6717

Both SAMOSHEL and Turning Point provide interim housing and supportive services for homeless men and women. Services include: permanent housing services, mental healthcare, medical care, benefits assistance, substance abuse interventions and life skills programs.

Sojourn Services for Battered Women & Their Children 310 264-6646 X228
1453 16th St, SM 90404 Hot Line: 310 264-6644

Sojourn serves victims of domestic violence and offers a full range of services including a 24-hour hotline, crisis shelter, second stage shelter, court advocacy, legal assistance and a comprehensive children's program.

k9 Connection

310-264-5424

k9 is an after school program that brings together at-risk teenagers and homeless shelter dogs. The youth provide basic obedience training leading to adoption of the dogs.

TOUCHSTONES (a program of Social Model Recovery System)

PO Box 849, Orange 92856

714-639-5542

Fax. 714-639-5037

Patti Ochoa, Program Director patio@socialmodel.com

A 12 step based, long term residential treatment program for adolescents and teens that have alcohol and other drug use problems.

Mariposa

453 S. Indiana St., Los Angeles 90063

323-266-7725

Fax. 323-266-7742

Melanie Gil, Program Director mgil@mvrecovery.org

A 12 step based, long term residential treatment program for women and women with children, who have alcohol and other drug use problems.

TURNING POINT TRANSITIONAL HOUSING (a program of OPCC)Turning Point: 1447 16th St., SM 90404 310 828-6717

Interim housing and supportive services for homeless men and women. Services include: permanent housing services, mental health services, medical care, benefits assistance, substance abuse interventions and life skills programs.

UCLA ADDICTION MEDICINE CLINIC

300 UCLA Medical Plaza, Suite 1200

option 0

310 825-9989

Timothy Fong, MD tfong@mednet.ucla.edu

We deliver outpatient treatment in a medical setting for all addictive and psychiatric disorders. We specialize in medication management, brief interventions and with matching clients up with appropriate psychosocial treatment programs. We prescribe all of the FDA-approved medications for addictive disorders, including buprenorphine (Suboxone), naltrexone (Vivitrol) and varenicline (Chantix). Most insurance/healthcare coverage is accepted including Medicare but we do not accept Medi-Cal.

UCLA Gambling Studies Program

760 Westwood Ave., Room 38-244 Los Angeles, CA 90024

310 825-4845

uclagamblingprogram@mednet.ucla.edu

Fax 310 794-1023

The UCLA Gambling Studies Program (UGSP) is devoted to understanding pathological gambling, its causes, natural history, cultural factors, and the obstacles to successful treatment. Our research programs offers free, confidential participation in one of our clinical projects that are designed to help pathological gamblers and their families. We can facilitate referrals into the state of California's Problem Gambling Treatment Services Program, a statewide treatment program that is free to all pathological gamblers and affected individuals.

UCLA AFTERCARE RESEARCH PROGRAM ((Outpatient Schizophrenia Treatment)

300 UCLA Medical Plaza, Room 2240, Los Angeles 90095 Main Clinic: 310 206-3142

Keith Nuechterlein, Ph.D., Director

Fax: 310 206-3651

Kenneth Subotnik, Ph.D., Associate Director

Contact: Luana R. Turner, Psy.D. luana@ucla.edu.

310 794-7340

The UCLA Aftercare Research Program has been on the UCLA campus for three decades, providing free psychiatric treatment for patients with a recent onset of schizophrenia. Our clinicians have an expertise in helping patients and family through the tumultuous period surrounding a first episode of schizophrenia. Participants in the study will receive an initial diagnostic interview to determine eligibility. In exchange for participation in research, participants will receive treatment at the UCLA Aftercare Research Program that includes individual case management, cognitive training, group therapy, and support in returning to work and/or school. Patients will be randomly assigned to treatment with either an oral antipsychotic medication or a long-acting injectable antipsychotic medication, at no cost. Participant's family members will also be invited to join psychoeducational meetings.

UCLA- Center for the Assessment and Prevention of Prodromal States (CAPPS)

760 Westwood Plaza Box 696824 Los Angeles, CA 90095 (310) 206-3466

<http://www.semel.ucla.edu/capps>

Carrie Bearden, Ph.D., Center Director, cbearden@mednet.ucla (310) 206-2983

Melita Daley, M.D., Medical Director, mdaley@mednet.ucla.edu (310) 794-4007

Jamie Zinberg, M.A., Administrative Director, jzinberg@mednet.ucla.edu (310) 206-6126

CAPPS is a research clinic that works with adolescents and young adults between the ages of 12 and 30 years who are at increased risk for developing schizophrenia or other psychotic spectrum disorders. Individuals are considered at high risk based on evidence of prodromal features such as unusual thoughts, distorted or heightened perceptions of sights or sounds, ideas of special identity or abilities, suspiciousness, or odd behavior. Individuals who are experiencing difficulty functioning and who have a parent or sibling with a psychotic illness, such as schizophrenia, are also encouraged to contact us. CAPPS provides an initial screening interview to determine eligibility. As part of the study, diagnostic, neurocognitive, psychophysiological, neuroimaging and other assessments are repeatedly performed. Adjunctive psychological and psychiatric treatment at our clinic is available to participants. Assessments and case management are provided at no charge.

UCLA CENTER FOR AUTISM RESEARCH & TREATMENT (CART)

Semel Institute for Neuroscience and Human Behavior,

310 825-9041

760 Westwood Plaza, Suite 68-237

Los Angeles 90024, Mail Code: 175919

www.autism.ucla.edu

Fax

310 825-2682

Candace J. Wilkinson, Ph.D., Director, Operations & Outreach

cwilkinson@mednet.ucla.edu

www.autism.ucla.edu

UCLA-NPIH ACCESS CENTER

760 Westwood Plaza, Los Angeles 90024
Referrals to all programs.

310 & 800 825-9989

UCLA-RESNICK NEUROPSYCHIATRIC HOSPITAL

760 Westwood Plaza, Los Angeles 90024
Bhavik Shah, Director

<http://www.semel.ucla.edu/resnick>
310 & 800 825-9989

ABC Day Treatment Program – Mary O’Connor

Adolescent Inpatient Service – Mark Deantonio

Adolescent Partial Hospitalization Program –

Adult Acute Partial Hospitalization Program

Adult Intensive Care Psychiatry – Bruce Kagen

Inpatient Unit – Michael Gitlen

Early Childhood Partial Hospitalization Program

Eating Disorders Program – Michael Strober, Cynthia Pikus

Electroconvulsive Therapy – Randall Espinoza

Geriatric Adult Psychiatry Inpatient Unit – James Spar

Obsessive-Compulsive Disorder Intensive Treatment Program - Jamie Feusner

UCLA-NPIH & BEHAVIORAL HEALTH SERVICES (Semel Institute for Neuro Science & Human Behavior) <http://www.semel.ucla.edu>

760 Westwood Plaza, C7-463NPI, Los Angeles 90024-1759
ACCESS Center at (800) 825-9989 or (310) 825-9989

310 206-1233

Dr. Peter Whybrow, Judson Braun Professor, Director Neuropsychiatric Research Institute

& Executive Chairman, Dept of Psychiatry

Fax 310 825-3942

UCLA-NPIH SPANISH SPEAKING PSYCHOSOCIAL CLINIC

300 UCLA Medical Plaza. # 2236, Los Angeles 90024-6968

310 825-6501

Cynthia Telles, PhD, Director

Fax 310 206-4310

Lina Alvarez, Administrative Assistant

To provide direct and indirect mental health services to the Latino community.

UCLA STAFF & FACULTY COUNSELING CENTER

10920 Wilshire Blvd, Ste 380, Los Angeles 90024-6513

310 794-0245

Co-Directors:

Fax 310 794-0251

Nan Levine-Mann, nanette@chr.ucla.edu

310 794-0249

Jorge Cherbosque jorge@chr.ucla.edu

310 794-0248

UCLA/VA-WEST LA SCHIZOPHRENIA OUTPATIENT RESEARCH PROGRAM

11301 Wilshire Blvd, Build 210, Rm 15, Los Angeles 90073

310 268-4565

Fax 310 312-0572

Research in Building 210 focuses on improving the lives of individuals with schizophrenia through a program that involves discovering better medications and psychosocial treatments. Recent studies have explored new drugs to improve cognition and negative symptoms,

treatments for improving social and vocational skills, family interventions, and cognitive behavioral therapies. We also have research programs that are aimed at improving our understanding of the genetics of schizophrenia as well as the impairments in brain functioning that are present in this illness.

UNITED AMERICAN INDIAN INVOLVEMENT, INC.

1125 West 6th Street, Suite 103, Los Angeles 90017 213 202-3970
www.uaii.org Fax 213 202-3977

UAII's mission is to enhance the health and well being of the American Indian/Alaska Native community in Los Angeles County. UAII provides a wide range of services including outreach, case management, linkage and referral, health education and promotion, risk assessment, disease and injury prevention, STD/TB/Hepatitis screening, access to medical and dental services, vocational counseling, youth services (mentorship, education, tutoring, recreation and cultural activities), substance abuse counseling and treatment, and mental health services.

UPWARD BOUND HOUSE

1104 Washington Ave, Santa Monica 90403 Admin 310 458-7779
Christine Mirasy-Glasco, Executive Director ext. 202 Fax 310 458-7289
admin@upwardboundhouse.org www.upwardboundhouse.org

FAMILY PLACE 1020 12th St, SM 90403 310 458-8812
Tracy Woodburry, Program Director ext: 212 twoodburry@upwardboundhouse.org

Fax 310 458-1725

SENIOR VILLA 1011 11th St, SM 90403 310 458-7779
Tracy Woodburry, Program Director ext: 212 Fax 310 458-7289

Transitional housing with supportive services for homeless families with minor children and affordable housing with links to social services for low-income senior citizens. Applicants to Family Place's 21 units of transitional housing are accepted only from case workers in other agencies. Senior Villa, Upward Bound's 70 units of housing for seniors is currently not accepting applications to its waiting list.

VALOR - Department of Mental Health, Adult Systems of Care, Veterans and Loved Ones Recovery

Bob Hope Patriotic Hall, 1816 S. Figueroa St., 6th Floor, Los Angeles 90015 213 763-0300
Officer-of-the-Day (OOTD) Referral Line: 213 763-0300

Referral Fax: 213 746-7620

VALOR Countywide Program Head: Carl McKnight, Psy.D, 213 763-0302

VALOR Westside Supervisor: Anh Tran, LCSW, 213 763-0304

Westside Providers (Please submit referral to OOTD Line first):

Nick Holt, MSW nholt@dmh.lacounty.gov Cell: 213 842-9064

Sofia Bacio, MSW sbacio@dmh.lacounty.gov Cell: 213 804-3880

- Any veteran in LA County can walk into our downtown clinic for mental health treatment (individual and group therapy & psychiatric medications), linkage to housing, linkage to physical health, linkage to income, linkage to VA upgrade, and other veteran-related services.
- Our DMH VALOR clinic mental health services are targeted to veterans who do **NOT** meet VA healthcare eligibility. However, we have a HUD-VASH (VA eligible Section 8 program) program and are able to assist VA healthcare eligible veterans with long-term housing. (Subject to restrictions.)
- In SA5, we conduct limited field-based services for mental health and linkage (Nick & Sofia co-located staff for Service Area). We are NOT a FSP, but do take a select amount of veteran-specific FSP cases.

VENICE BOYS & GIRLS CLUB

See Boys & Girls Club of Venice
2232 Lincoln Blvd, Venice 90291

310 390-4477
Fax 310 390-1419

VENICE COMMUNITY HOUSING CORP (VCHC)

720 Rose Ave, Venice 90291

310 399-4100
Fax 310-399-1130

Becky Dennison, Executive Director bdennison@vchcorp.org
ext 101 Yadira Enriquez, MSW, yenriquez@vchcorp.org, Family & Comm Serv. Dir.
ext 117

VCHC is a nonprofit community development corporation that has developed, owns and manages 216 units of affordable housing, including an 8-unit transitional living facility for homeless women and their children and 77 units of permanent housing for formerly homeless people with disabilities. VCHC also provides social service programs to its tenants and other low-income members of Venice and surrounding neighborhoods, including: YouthBuild, a construction job training program for at-risk youth between the ages of 18 and 24; Study Lounge, an after school program for elementary school youth; Teen Court, a diversion program for juvenile first time offenders that operates at Venice High School; and Venice Free Storage. A voluntary personal property storage program for homeless Venice residents.

VENICE FAMILY CLINIC

604 Rose Ave., Venice 90291

Elizabeth Forer, MSW, MPH, CEO

Mimi Lind, LCSW, Behavioral Health Services Director

mlind@mednet.ucla.edu

Medical Appointments 310 392-8636

310 664-7901

310-664-7524

A non-profit, free and low cost community clinic providing primary health, behavioral health and dental care to low-income in LA County. Bilingual staff therapists and psychiatrist provide mental health and addiction services to clinic patients only. All medical appointments are scheduled through the main appointment line and then patients are referred to a therapist as needed. Homeless patients may walk in without an appointment to be assessed – best to be there by 7:30 AM. Mental health appointments assessed during medical visits only for VFC patients. No walk-ins.

Locations:

| | |
|---|--------------|
| VENICE FAMILY CLINIC (Homeless walk in at 8AM – best to be there by 7:30) | |
| 604 Rose Avenue, Venice, 90291 | 310-392-8636 |
| SIMMS/MANN HEALTH & WELLNESS CENTER | |
| 2509 Pico Blvd., Santa Monica 90405 | 310 392-8636 |
| ROBERT LEVINE HEALTH CENTER (Women and Teens) | |
| 905 Venice Blvd., Venice 90291 | 310 392-8636 |
| IRMA COLEN FAMILY HEALTH CENTER | |
| Braddock Square Shopping Center, 4700 Inglewood Blvd. #102, Culver City | 310 392-8636 |
| LOU COLEN CHILDREN’S HEALTH and WELLNESS CENTER | |
| Braddock Sq. Shopping Ctr, 4700 Inglewood #102 Culver City | 310-392-8636 |

Services also provided at: OPCC, Street/beach outreach, Culver City High, Santa Monica High

DEPT OF VETERANS AFFAIRS - HEALTH CARE CENTER WLA (VA-WLA)

| | | |
|--|------------------------|------------------|
| 11301 Wilshire Blvd, Los Angeles 90073 | | 310 478-3711 |
| Dr. Robert Rubin, Chief of Psychiatry | Bu 500 | 310 268-3319 |
| Robert.Rubin@va.gov | | Fax 310 268-4377 |
| Dr. Andrew Shaner, Deputy Chief of Psychiatry | Bu 500 | 310 268-4497 |
| Andrew.Shaner@va.gov | | Fax 310 268-4775 |
| William L. Daniels, LCSW, Director, Community Care | 310 478-3711 ext 43623 | |
| William.Daniels@va.gov | | Fax 310 268-4946 |
| Michelle Wildy, LCSW-C, Asst. Chief of Community Care | 310 478-3700 ext 48343 | |
| michelle.wildy@va.gov | | |
| Joseph Ciccone, MSW, Director, Compensated Work Therapy Prog. Mgr. | ext 49468 | |
| Joseph.ciccone@va.gov | | |
| Martha Waite, MSW, LCSW, Assistant Chief Social Worker | | 818 895-9596 |
| Jill Meyer, Social Work Supervisor | Bu 500, Rm 2654 | ext 48049 |
| Tazmin, Bolanos, Community Residential Care Coord | Bu500, Rm 6645 | ext 41445 |
| Tazmin.Bolanos@va.gov | | |
| Mental Health Screening and Treatment Center | | 310 268-4690 |
| Outpatient mental health and homeless services to veterans. | | |

VA-WEST LA HEALTH CARE CENTER - COMPREHENSIVE HOMELESS CTR

| | |
|--|--|
| 11301 Wilshire Blvd, Build 206, Room 13, Los Angeles, CA 90073 | |
| Christine Taber, LCSW | Christine.Taber@va.gov x49850 310 478-3711 |

Fax 310 268-4699

Outreach and screening to severely mentally ill, homeless veterans who are eligible for healthcare at the VA. Focusing on providing medical, mental health, substance abuse treatment and supported housing to rehabilitate veterans who are motivated to break the cycle of homelessness.

VET CENTER - WEST LOS ANGELES (Veterans Outreach Program)

5730 Uplander Way, Ste 100, Culver City 90230

310 641-0326

Adriene Faust, Team Leader adriene.faust@va.gov Fax 310 641-2653
Sharon Anderson-Fields, Office Manager Sharon.Fields@va.gov

The Vet Center provides readjustment counseling focusing on the treatment of Post Traumatic Stress Disorder as it relates to war experiences and or service in the military. Treatment goal is to assist veterans in making a satisfactory transition back to civilian life. There is counseling for sexual trauma & harassment that occurred in the service also. Individual, group, couples and family counseling is available to include employment assistance by the Employment Development Dept (EDD) representative. Referrals are available for drug and alcohol treatment, housing, medical service and VA benefits. Services are free to all eligible veterans.

VETERANS REPRESENTATIVE PAYEE PROGRAM (Program of Saint Joseph Center)

11301 Wilshire Blvd, Building 257, WLA VA Medical Center 90073

fax 310 268-4115

Billy Eaton, Program Manager

beaton@stjosephctr.org

310 478-3711 x48362

fax 310 268-4115

VRPP provides representative payee services to disabled Veterans who are homeless or at risk of becoming homeless

VET TO VET

11301 Wilshire Blvd. #118 Bldg. 258. Los Angeles, CA 90073.

Roy Brown, Director

310 478-3711 ext 49697

Vet to Vet is a self-help program of veterans helping veterans overcome both mental illness and substance abuse

VIA AVANTA, Pacoima (a program of Didi Hirsch)

818 897-2609

Services Provided: A 40-bed residential facility providing a 12-month treatment program for drug-addicted women, women with children, and pregnant substance abusers, including substance abuse treatment, family treatment, preschool and job training

VILLA STANLEY

335 No Stanley Ave, Los Angeles 90036

323 937-4856

Fax 323 937-5035

Dr. Jay Plotzker, Owner/Administrator jayplotzker@yahoo.com
80 bed adult residential care facility.

VILLA STANLEY EAST

7253 Melrose Ave, Los Angeles 90046

323 934-2498

Dr. Jay Plotzker, Administrator

jayplotzker@yahoo.com

Fax

323 934-5288

62 bed adult residential care facility.

**VISTA DEL MAR CHILD AND FAMILY SERVICES OUTPATIENT CLINIC
(FORMERLY REISS-DAVIS CHILD STUDY CENTER AND JULIA ANN SINGER CENTER)**

3200 Motor Avenue, Los Angeles, CA 90034 www.vistadelmar.org

310 836-1223

Fax 310 839-4148

Nancy Tallerino, LCSW, Chief Executive Officer nancyt@vistadelmar.org

x230

Traci Levi, LCSW, Program Director, Outpatient Services

x419

Sabrina Diaz, LMFT, Clinical Intake Coordinator

x407

The Outpatient Clinic at Vista del Mar provides comprehensive psychotherapy services to children and adolescents from birth to young adulthood who may be struggling with social, emotional, behavioral, learning challenges and/or developmental disabilities. Programs include:

- Outpatient therapy including Evidence Based Programs
- Psychological and educational assessments
- Field-based and School-based mental health services
- Social skills groups
- Therapeutic Behavioral Services
- Wraparound
- Specialty in 0-5 outpatient services for children exposed to trauma

Other services at Vista Del Mar include residential treatment for children ages 8-18 and a non-public school serving LD, SED, and autistic children. There is also advanced training for mental health professionals.

VOLUNTEER CENTER OF LOS ANGELES, WEST LOS ANGELES REGION

11321 Iowa Ave, W Los Angeles 90025

310 312-9128

Marina Monroy , Manager

Fax

310 473-8278

1230 Cravens Ave., Torrance 90501

Susanna Diez, Agency Coordinator

310-212-7997

Main Office - 8134 Van Nuys Blvd, Ste 200, Panorama City 91402

818 908-5066

Katharyn Bandoni, Executive Director

Fax

818 908-5147

Contracts with the LA County Dept of Probation.

VOLUNTEER-TO-JOB PROGRAM--- SEE SHARE!

WELL BABY CENTER

12316 Venice Blvd., Mar Vista, Ca 90066

310-402-2229

www.wellbabycenter.org

Deborah Groening, MFT, Psy.D. Candidate, Executive Director deborah@wellbabycenter.org
Ext. 105

Joe Turner, Psy.D., Associate Executive Director joe@wellbabycenter.org Ext. 108

Bonnie Nelson, MA, LMFT, Administrative Director Bonnie@wellbabycenter.org Ext. 104

Well Baby Center is a non-profit parenting and counseling center that focuses on families with young children. Our goal is to help parents and children foster security within their primary relationships, allowing children to become more resilient and flexible in the face of life's joys as well as life's inevitable and unpredictable challenges. We offer low cost, high quality, sliding scale counseling services for individuals, groups, couples, children and families, and provide a variety of family enrichment groups including: Mindful Parenting Groups • Mindful Pregnancy Group • Mindful Parenting Newborn Support Group • Loving Discipline – Mindfulness-Based Parenting Class • Swell Baby Music (infant & toddler) • Daddy and Me Groups • Becoming Social, and Sleep Support. We also offer perinatal maternal services such as counseling and developmental assessments.

WEST AREA OPPORTUNITY CENTER (WAOC)

11750 W Pico Blvd, Los Angeles 90064

310 477-8272

David Abelar, Executive Director ext 102

Fax 310 473-9591

DUI & Drug Diversion & Testing and anger management. Outpatient substance abuse counseling and parenting program offering Positive Alternatives.

WEST LOS ANGELES COUNCIL FOR THE DISABLED AND SENIORS

406 Broadway, #123, Santa Monica CA 90401-2314

Richard Hilton, AA, BA, STC, Mental Health

310 430-2357

Fax 310-395-7680

Founded in 1993, the volunteer Council provides individualized assistance, especially to neuro-psychiatrically challenged. Peer-driven advocacy, community and agency consultation. Assists with Social Security medical reviews, provides information on transportation, utility reduced-rates and service/therapy animals. Experience in HUD discrimination process, successful HUD litigant. Advises, makes educational presentations on affordable housing, tenant/landlord rights.

One member of Staff serves on City of Santa Monica Housing Commission. Stigma, agency literature available. All services are free.

WEST LOS ANGELES FAMILY SOURCE CENTER

5075 South Slauson Avenue Los Angeles 90230

Direct Phone line for Services

310 391-3457

www.ccathome.org

Fax 310 391-3850

Jessica Meza, Client Services Director

jessica@ccathome.org

310 246-1918

Collaborating Partner Agencies:

Boys and Girls Club of Venice

310 390-4477

Latino Resource Organization

310 578-6069

Legal aid Foundation of Los Angeles

800 399-4529

St. Joseph Center

310 396-6468

Westside Center for Independent Living

310 390-3611

The West LA FamilySource Center is one of 21 centers funded by the City of Los Angeles. All services are free. Eligible clients must be low/moderate income residents of the City of Los Angeles. Services include: multi-benefit screening for enrollment in public benefit programs, legal services and referrals, food assistance, pre-employment and employment support, computer classes, financial literacy classes, case management, parenting classes, and information and referral. For youth, we also provide access to tutoring/mentoring services, college prep assistance, youth life skills classes, and recreational/cultural activities.

WEST LOS ANGELES TRAUMA & CRIME VICTIM CENTER

2100 Sawtelle Blvd., #204, Los Angeles 90025 www.disability-abuse.com

310 473-6768

Nora Baladerian nora.baladerian@verizon.net www.norabaladerian.com

Dr. Nora Baladerian, Licensed Psychologist PSY 11675, specializing in victims of crime (any crime), particularly individuals with disabilities, and developmental disabilities. Spanish language fluency. Site is ADA accessible. We take reimbursement from Victims of Crime programs, Regional Center and other insurance programs. Appointment is required.

WESTSIDE CENTER FOR INDEPENDENT LIVING, INC (WCIL) see DISABILITY COMMUNITY RESOURCE CENTER (DCRC)

WESTSIDE CHILDREN'S CENTER

5721 W. Slauson Ave., Culver City, CA, 90230

Fabiola Nolzco Fabiolan@westsidechildrens.org

310 846-4100

www.westsidechildrens.org info@westsidechildrens.org

Fax 310 846-4112

Early Care and Education Center

12120 Wagner St., Culver City, CA 90230

Westside Children's Center, a non-profit agency, supports underserved, vulnerable children and their families in west Los Angeles County by providing a full range of crucial, multidisciplinary services, including: Early Care and Education, Child Development and Special Needs, Child Welfare, Foster Care and Adoption, Family Support, Family Preservation, Infant and Family Mental Health, Health Consultation and Referrals.

WESTSIDE COALITION (formerly Westside Shelter & Hunger Coalition and Westside Health Coalition) Mailing Address: PO Box 7411, Santa Monica, CA 90406

www.westsideshelter.org

310 314-0071

Darci Niva, Executive Director

SPA 5 CES Regional Coordinator darci@westsideshelter.org

The Westside Coalition, addressing Housing, Hunger and Health is an alliance of over 35 organizations, public agencies and faith communities committed to ending hunger and homelessness through service coordination, public education and advocacy.

Westside Coalition is a non-profit volunteer organization that operates under the administrative umbrella of Community Partners. Founded in 1982 to serve the Westside of Los Angeles County, the Coalition is the oldest coalition in the county working on behalf of the homeless. Throughout our history, the coalition has proven to be an effective tool in providing high-quality programs and services for those in need in our community.

Although individual agencies have the ability to provide separate services for people in need, the efforts of the Westside Coalition help coordinate all services on the Westside in order to provide a true continuum of service care for the community. Members work together to provide services that include initial intake and service referrals; showers, food and clothing; on-going case management; emergency, transitional and permanent housing; medical care; mental health treatment; HIV medical and social services; job training and placement; and substance abuse treatment. Member agencies have been instrumental in Santa Monica's chronic homeless project, as well as continuing to advocate for low income and homeless people at the local, state and national levels.

WESTSIDE FAIR HOUSING COUNCIL (Fair Housing Council of LA County)

See Housing Rights Center (new name) 213 387-8400
520 So Virgil Ave, Ste 400, Los Angeles 90045 Fax 213 381-8555

WESTSIDE FAMILY HEALTH CENTER(WFHC)

1711 Ocean Park Blvd, Santa Monica 90405 Admin 310 450-4773
Debra A Farmer, President/CEO ext 222
lobby@wfhcenter.org www.wfhcenter.org Fax 310 450-0873
Clinic 310 450-2191

WFHC provides high-quality, low cost health care to women, men, children and teens in a supportive educational environment. Our programs include reproductive health care, family practice, adolescent health services, pediatrics, prenatal care, including child birth classes, domestic violence intervention programs and HIV counseling and testing. Presentations to groups.

WESTSIDE FOOD BANK

1710 22nd St, Santa Monica 90404 310 828-6016
Fax 310 828-2646
Bruce Rankin, Executive Director bruce@wsfb.org ext 13
www.wsfb.org

Direct services to agencies only. Founded in 1981 by the Westside Ecumenical Council and the Interfaith Hunger Coalition, the Food Bank distributes over 4 million pounds of food a year through the Westside's extensive network of social service agencies.

WESTSIDE INFANT FAMILY NETWORK (WIN)

8611 Washington Blvd. Culver City 90232 www.winla.org
Anna Henderson, Executive Director annah@winla.org 424 258-0970
Dr. Wendy Sun, Clinical Director wendys@winla.org 424 261-0270

Services:

- Child-Parent Psychotherapy/Early childhood mental health therapy (in-home)
- Individual Adult Therapy for parents (in-home)
- Care Management (in-home, cross agency)
- Mental health consultation (preschool, EHS programs)

WIN provides in-home infant mental health (IMH/dyadic) therapy for children and parents, as well as in-home individual therapy for parents, in conjunction with comprehensive, networked basic healthcare, early care/early intervention and social services provided by our agency partners, Venice Family Clinic, St. Joseph Center, El Nido and Westside Children's Center. WIN accepts children prenatal to 47 months who are receiving services at one of our partner agencies. WIN also provides IMH training and consultation to service providers and programs serving young children throughout Los Angeles.

WESTSIDE REGIONAL CENTER FOR THE DEVELOPMENTAL Disabilities (WRC)

5901 Green Valley Circle, Ste. 320, Culver City 90230-6949 310-258-4000
Carmine Manicone, Executive Director 310-649-2033 (Fax)
Jolene Sagan, LCSW, Mental Health Liaison 310-258-4268
Dr. Tom Kelly, Program Manager/Chief Psychologist 310-258-4162

To provide a central point in the community where developmentally disabled persons and their families may receive information regarding available programs, services and assistance in obtaining them.

WESTSIDE SHELTER & HUNGER COALITION (see Westside Coalition)

WILSHIRE TREATMENT CENTER

11901 Santa Monica Blvd, Suite 204, Los Angeles 90025 310 268-2446
clinic@wilshiretreatmentcenter.com www.wilshiretreatmentcenter.com Fax: 310 268-2410
Executive Director: Kat Karimi kat@wilshiretreatmentcenter.com 310 268-2446

Services: outpatient medication-assisted treatment (MAT) including methadone and suboxone, drug and alcohol counseling, multilingual (Farsi)

WISE & HEALTHY AGING

1527 4th St, 2nd Floor, Santa Monica, 90401-2354 310 394-9871
www.wiseandhealthyaging.org Fax 310 576-2499
Grace Cheng Braun, MSPH, President and CEO ext. 440
gchengbraun@wiseandhealthyaging.org

WISE & Healthy Aging is a private, non-profit organization that provides a wide variety of social services for older adults, age 50 and older, and their families. The organization is the result of a merger in 2007 of WISE Senior Services and Center for Healthy Aging. Services include advocacy through the Long-Term Care Ombudsman Program, Elder Abuse Prevention, In-Home

Services, including comprehensive mental health services. Mental health services include: individual and group psychotherapy, psychiatric consultation and management, senior peer counseling and care management services. In addition to outpatient services, we offer in-home services through our Field Capable Clinical Services program (FCCS) for those individuals who are homebound, homeless or at risk of becoming homeless. Individual and group psychotherapy is provided by pre-doctoral psychology interns and post-doctoral fellows who participate in a yearlong clinical training program. Supervision is provided by licensed clinicians who offer a diverse supervisory and training style including theories and applications in psychodynamic, objects relations/attachment theory, cognitive-behavior theory and systems theory. The training program also includes weekly individual and group supervision, didactic training and on-going case conferences with our staff geropsychiatrists. Peer Counseling and community resource referrals and caregiver support services are also available.

WISE Adult Day Service Center

1527 4th Street, 2nd Floor, Santa Monica, CA 90401

Phyllis Amaral, Director of Adult Day Services

PAmaral@wiseandhealthyaging.org

310 394-9871

ext. 482

Fax 424 214-6140

The WISE Adult Day Service Center (ADSC) is open Monday-Friday, 8AM – 6PM, to allow caregivers the opportunity to work, perform other tasks, or take a much needed break knowing that their loved one is enjoying the day in a safe, comfortable, and stimulating environment. The ADSC specializes in caring for older adults who are physically frail (those using canes, walkers, or are dependent on others for assistance) and those with moderate to advanced dementia and Alzheimer’s diagnoses, including older adults who are dealing with Parkinson’s or experiencing the residual effects from a stroke. The trained staff provide daily socializing, purposeful recreation with therapeutic activities, personal care, exercise classes, health discussions, and nutritious lunches and snacks. Companion sitting services are also available. Caregiver support groups are offered as well as a resource/ lending library of books, videos, and information.

WOMEN’S CLINIC & FAMILY COUNSELING CENTER

11500 W. Olympic Blvd, Suite 422, Los Angeles 90064

www.womens-clinic.org

310 203-8899

Fax: 310 203-8555

Patricia Kytlica, Exec Director

Lenna Lebovich, LMFT, LPCC Mental Health Clinical Director

Women’s Clinic & Family Counseling Center provides on-going counseling and psychotherapy for individuals, couples, and groups. Treatment for issues including depression, anxiety, relationship issues, life transitions, trauma, abuse recovery, addiction & recovery, eating disorders, grief and loss. Therapists are master’s level Trainees and Interns who are supervised by licensed psychotherapists. Our sliding scale fees are according to income. By appointment only.

WORD UP KIDS - Therapeutic Creative Writing for Kids & Teens 310 456 4770

Los Angeles www.wordupkids.com

craig@wordupkids.com

Word Up Kids is a therapeutic creative writing program for children and teens. Our classes and workshops reinforce communication & self-esteem skills through the habit of drawing and writing about personal experience, observations, feelings, and thoughts. Children use our system to become better writers. In the process, they find their voice, develop communication skills, build confidence, release trauma, increase self-esteem, and see a wider view of themselves and their future. We are available to offer our services at your location.

WRAP Family Services (see PACIFIC ASIAN COUNSELING SERVICES – PACS)

WRIGHT INSTITUTE LOS ANGELES (WILA)

11845 W. Olympic Blvd., Suite 505W, Los Angeles 90064

424-371-5191

Michele Gomes, Psy.D., Executive Director

424-371-5190 (fax)

Claudia Feldman, Ph.D., Clinical Director

www.wila.org

Kim Rife, M.A., Administrator ext. 104 kim@wila.org

admin@wila.org

Wright Institute LA is a mental health training & service center. WILA provides individual, couples, & group psychotherapy to adult outpatients. Fees are based upon the patient's ability to pay. Most psychotherapists are advanced clinical psychology interns and Post Doctoral Fellows under the supervision of a highly trained and experienced faculty.

The following programs are also offered:

1) Pregnant Pause Program

Pregnancy is a uniquely transformative time for fathers-to-be. **Many fathers experience it as stressful, confusing, and isolating.** During this period, men psychologically prepare for the baby and begin attachment (Slade, 2009). They undergo hormonal shifts akin to their partners, including increased prolactin and estradiol and decreased testosterone (Storey et al., 2000). They must also navigate the challenging shift from couplehood into a triad. **When done thoughtfully and reflectively, these changes can be unifying and connecting for new families.** In fact, research indicates that parents who can imagine their child before birth are more equipped to regulate their emotions and create an environment that is growth promoting for their child (Fonagy, Steele, & Steele, 1991). Fathers are often included in childbirth classes or didactic parenting seminars but have few outlets to discuss the vivid internal world of expectant fatherhood. Our group aims to create the space for fathers-to-be to make meaning of this important life transition and to psychologically prepare for all that is to come.

2) ECP Program:

The Economic Crisis Program (ECP) is a very low-fee psychotherapy program for those adversely affected by their economic situation. Its aim is to assist individuals who have been severely impacted by unemployment and other financial conditions that have

negatively affected their ability to secure and maintain financial and emotional solvency.

3) SRP program (Self Regulation Project)

The Self-Regulation Project (SRP) aims to help individuals achieve personal and interpersonal growth through developing self-understanding and emotional regulation skills. We believe through a deeper understanding of self, individuals can create more positive peer and intimate relationships and better manage life stress. **In keeping with WILA's mission, the SRP is priced to be an affordable alternative for those who do not have adequate health insurance benefits and/or cannot afford expensive private treatment facilities.**

4) Voices of Warriors Program: The Voices of Warriors program is a Low Cost, Psychotherapy group. The aim of this group is focused on treating **Women Survivors of Trauma**. This group is new for 2017 and will meet for 10 weeks.

YWCA SANTA MONICA-WESTSIDE TRANSITIONAL HOUSING & EDUCATION PROGRAM

2019 Pico Blvd. SM 90405

310 314-1466

Maria Abenes, Program Director

mabenes@smywca.org

The Transitional Housing and Education program offers residence to emancipated foster youth for up to 2 years during which time they are given meals and support services, and guided toward academic programs, vocational training, health care and other community services. In turn, they pursue their educational training full-time, work part-time, and maintain a savings account.